

Sample Comments for Leisure Division (LeD)

Groomina

Not judged (however, an LeD judge can remind a rider to groom for comfort of horse)

Not judged – watch for safety

Stabling

Evaluated for safety

Trail Equitation

Use leg support to be light in saddle Better control with shorter reins Relax ankles and let heels drop down Use quiet hands Use more subtle leg cues Line your heels under your hips for best balance

Mount

Safer to settle horse Adjust tack before mounting Use shorter reins for better control Square up horse before mounting Use terrain/ natural mounting block Try to not pull horse off balance Settle lightly in saddle Settle before cueing horse to walk off

Uphills

Angle upper body forward from hips Transfer some weight through thighs to stirrups Be light in saddle, not out of saddle Standing in stirrups unnecessary for light seat Maintain soft rein contact Allow horse to use head for balance OK to hang onto mane

Downhills

Distribute weight on thighs, buttocks and feet Avoid leaning back on loins Side to side sway tough on horse Keep waist flexible & upper body still like hula dancer Maintain soft rein contact

Backup

Settle horse Think stop, settle, slow Check behind Use soft, subtle hands Give and take with reins Use leg aids for direction control

Obstacles

Stop, settle, slow Look ahead, not down

P&R Check

Line up parallel to next horse Maintain contact/ control of horse Remain quiet with low energy Encourage horse to relax Lead away with permission of next rider

Safety & Courtesy

Keep one horse length between horses Approach other horses courteously Pass with permission After passing, move on to create a quiet pocket Ask next rider if you need to wait for them at obstacle Be careful not to spook others with your actions

Horse Trail Ability & Manners

Rushing Antsy Fidgeting Reluctant Resistant Head tossing Buddying Responsive Willing