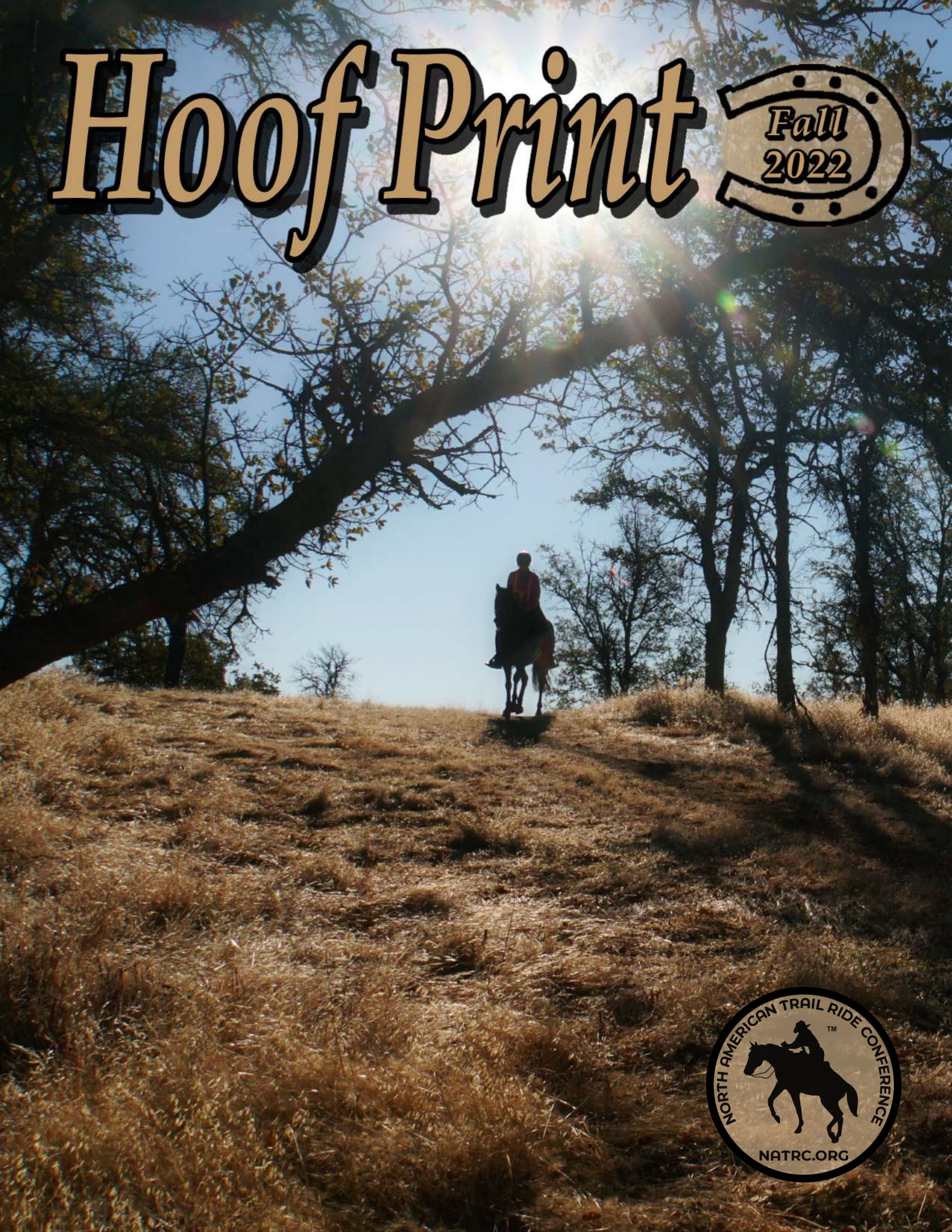


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Hoof Print Editor
Laurie Knuutila 907.590.4080
wildroseph@yahoo.com

Please send all email address changes to the NATRC office at:
natrc@natrc.org



On The Cover:

A rider navigates the trail at the Fall Fiesta ride in Region 1

Photo by Donna Stidolph, used with permission

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Over word limit	\$.10/wrd	\$.10/wrd

Email color 300dpi JPEG ad to matefey@gmail.com. Specify *Hoof Print* and topic in the subject line. Contact NATRC for discounts on consecutive issue ads, sponsorships, or ad specifications.

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President's Message



Respect

Each time I manage an NATRC ride, I gain respect and appreciation for everyone involved in putting together a successful ride. From the volunteers who so willingly give of their time and resources to make our rides possible, to the riders who, in many cases, travel long distances to participate, to our judges who are dedicated to our sport and want nothing but the best for you and your horse. We are very fortunate to have so many wonderful individuals associated with our favorite sport.

Do things always go the way we plan or the way we want? No, they do not. We would like to think they always will, but that is not necessarily the case. It is during these challenging times, when it seems everything is not going our way, we

have an opportunity to show our true character. We have a choice. We can either "react" to the situation at hand with various excuses or finger pointing and blaming others, or we can "respond" and focus on what can we do better and turn a negative into a positive.

We say we are the premier CTR organization, and I believe that we are. The little things that we all do collectively reinforce this belief. We should always represent ourselves in a positive manner. Whether it is welcoming that new rider both in camp and out on the trail as they compete or simply showing respect to our judges and their scoring by using their feedback to improve our skills and enhance that partnership with our horse.

As we near the end of another successful ride year, I encourage all of you to finish strong and have fun.

Share the enthusiasm you have for NATRC with others. Bring a new rider along with you to your next ride. Be that someone who brings out the best in others!

Show respect, keep pushing, live your dreams, and be a class act!

President, John Zelif
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Angie Meroshnekoff (2022-24)
awhitedog@aol.com
Jamie Dieterich (2020-22)
jamiiek.dieterich@gmail.com
Donna Stidolph, Alt (2021-23)
donna@stidolph.com

Region 2

Bob Insko (2022-24)
rminsko@gmail.com
Lory Walls (2020-22)
lorywalls6@gmail.com
Beni DeMattei, Alt (2021-23)
beni2406@hotmail.com

Region 3

Bill Wingle (2021-23)
wwingle@uncert.com
Cathy Cumberworth (2022-24)
cathycumberworth@yahoo.com
Kay Gunckel, DVM, Alt (2020-22)
drkaydvm@outlook.com

Region 4

Kimberly Murphy (2021-23)
kimberlyjean72@gmail.com
Fran Muench (2022-24)
franmuench@yahoo.com
Cara Liebman, Alt (2020-22)
office@rainbowgreataustin.com

Region 5

Esther Diaguila (2021-23)
borncountry@skippinghorse.com
Kris Gray (2020-22)
krisfgray@gmail.com
Sallie Kudra, Alt (2022-24)
kudra@clemsun.edu

Region 6

Marla Stucky (2020-22)
m.j.stucky79@gmail.com
John Zeliff (2021-23)
john@springvalleycarriages.com
Margaret Reynolds, Alt. (2022-24)
mmr636@comcast.net

National Board Officers

President:

John Zeliff
john@springvalleycarriages.com

Vice President:

Bill Wingle
wwingle@uncert.com

Treasurer:

Kris Gray
krisfgray@gmail.com

Executive Director:

Sarah J. Smith
natrc@natrc.org

North American Trail Ride Conference Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.

Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

Meet Our New Apprentice and Provisional Judges

Members: The Judges Committee welcomes your comments on the following apprentice and provisional judges.

Veterinary Judges

Apprentice

Amy Mason, DVM (R3)
Vivian Gay McWilliams Quam, DVM (R5)
Julie Gauthier, DVM (R5)

Horsemanship Judges

Apprentice

Fran Muench (R4)

Provisional

Jan Jeffers (R1)

Veterinary and Horsemanship Judges:

- Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home, cell and office numbers.
- Apprenticing must be done with an **approved** judge who has agreed to judge and supervise you.

Ride Chairs:

- Secure your judges early. Remember, you must contact and secure your judges well in advance of your ride date!
- Obtain the current Judges List from the website.
- If you have difficulty securing an approved judge, please contact the appropriate Judges Committee Co-Chair:

Veterinary

Tamara Gull, DVM
405/744-8164, 979/324-7961
tgull@missouri.edu

Horsemanship

Lory Walls
619/895-0491
lorywalls6@gmail.com

From the Executive Director...

#1 Classroom Rule

By Sarah J. Smith

I've made a conscientious effort to spend less time on social media in the past year for a variety of reasons, but a lot of it stems from the fact that I get tired of what I see. Complaints, pointless arguing and a whole lot of cruelty. The only answer is to stay away from it, so I do.

However, once in a while I find some shining lights or little useful tidbits, and I happened to find one that led to my message in this article. It was a post shared by a teacher and a large poster he keeps in his classroom visible for his whole class to see at all times that reads:

#1 CLASSROOM RULE

If what you are doing:

INTERFERES with learning

HURTS someone's heart or

PREVENTS you from being your best self

YOU SHOULDN'T BE DOING IT.

I share this because our sport is not lacking human unkindness and disrespect amongst our ranks just like all other organizations, work places, families and friend groups.

This has, however, become more prevalent and visible in the past couple of years, and we can theorize away given the multitude of societal factors we've experienced starting with the pandemic and its waterfall effect on the economy and social lives.

We were all forced to seclude ourselves and perhaps lose some of our civility and social skills. Priorities were significantly shifted for many, and finances were tightened or depleted. While those are all understandable reasons for changes in how

we engage publicly, or how much we go out and do social activities, they should not change how we treat one another.

In the past year, I have received more complaints about competitors treating ride management, judges and volunteers with disrespect. These folks are the life blood of our sport, and without them we have no rides!

I have also received complaints about ride management and judges treating competitors with disrespect and being less than professional and helpful in an organization that prides itself on being welcoming and education based.

Riders are our customers, and without them we don't have a reason to exist! I look at the regular email correspondence I receive on a daily basis, and it is becoming the norm for folks to simply make demands for

information. There are no longer cordial greetings...a simple hello or good morning.

When did we stop being professional, polite and kind? Is it part of the convenience of our electronic world that we can hide behind now that we lose our civility and respect?

Our social media pages are quite busy, which is a good thing because we need the visibility and promotion of our events and sport. It is a free and easy way to share the gift of NATRC. We have a lot of great material being shared with helpful tips for riders, news about upcoming or ongoing events and opportunities for learning such as our incredible webinar series and virtual challenges.

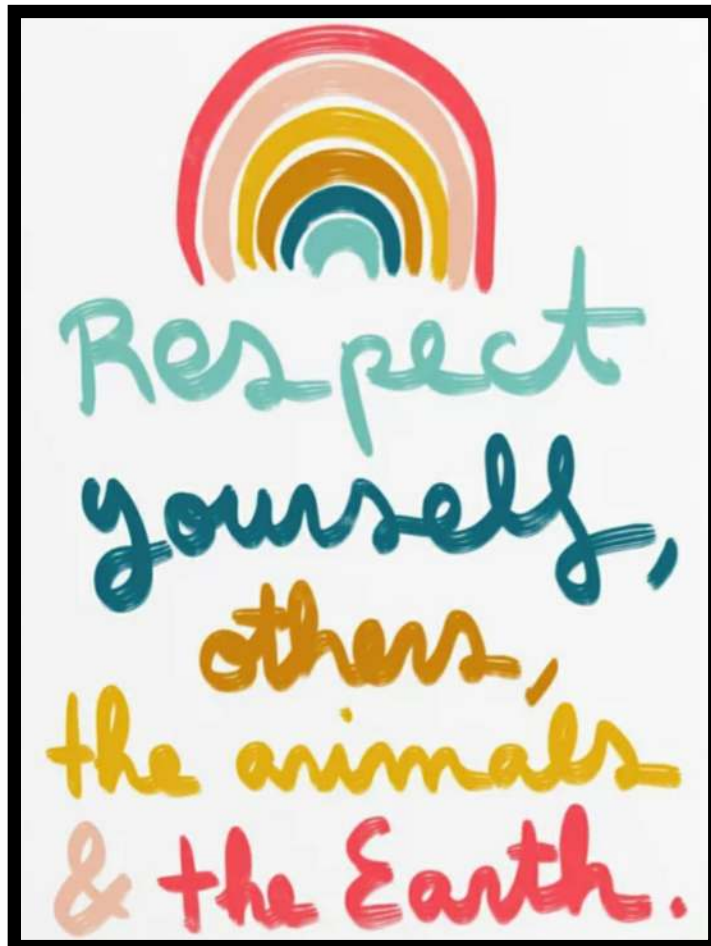
With that being said, there are some things being posted that really don't need to be, and there are posts that can be construed as negative. We

have a lot of pages and groups that represent NATRC between our national and regional entities.

It is up to *each and every one of us* to ensure positive and respectful communication. We want to be the place people are drawn to because we are civil, respectful and behave like appropriate adult human beings. Seeing rude posts, arguments or nasty comments on social media is a discredit to our organization and is a turn off to new and interested folks giving us a gander.

We will not likely get a second chance.

We treat our horses and other animal companions with the utmost care, concern and healthy respect. Let's show the same towards our fellow humankind. We all stand to be reminded of the #1 classroom rule, so let's get back to the basics and ensure NATRC is the place where people want to be.



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Contact: Angie Meroshnekoff, angie.whitedogranch@gmail.com



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NATRC™ invites you to consider sponsoring a year-end award presented at our national convention. Make this your yearly tax-deductible donation to NATRC. We appreciate any individual, club or business sponsorship; all will be acknowledged in *Hoof Print*.

We try to accommodate requests for specific sponsorships - entire awards, portions of awards, or a certain horse's or rider's award. Please indicate both a first and second choice. Earliest date of receipt has priority. **Prior to completing this form, please check with the national office, natrc@natrc.org, on which awards are available for sponsorship this year.**

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NATIONAL CHAMPION HORSE: ___ BUCKLE: \$135 Horse Name _____

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COMPETITIVE PLEASURE HIGH AVERAGE HORSEMANSHIP: ___ SILVER BUCKLE: \$150 ___ RIBBON: \$10

HIGH POINT COMPETITIVE PLEASURE TEAM: ___ SILVER BUCKLE: \$150 ___ RIBBON: \$10

HIGH POINT NOVICE TEAM: ___ SILVER BUCKLE: \$150 ___ RIBBON: \$10

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___ SINGLE RIBBON (First through sixth place): \$10/ea ___ SILVER AWARD TRAY (1ST place horse in each class): \$25
Horse Name _____ Region _____

OVERALL HIGH POINT OPEN, CP & NOVICE HORSEMANSHIP: Heavyweight, Lightweight, Junior

___ SET OF SIX RIBBONS (First through sixth place): \$60/set: Division/Class _____

___ SINGLE RIBBON (First through sixth place): \$10/ea ___ SILVER AWARD TRAY (1ST place rider in each class): \$25
Rider Name _____ Region _____

REGION HORSE & RIDER TEAM AWARDS: Set sponsorship pricing may vary per region, division and class.

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Division _____ Class _____

___ SINGLE RIBBON: \$10 Horse & Rider's Names: _____ Region _____
Division: _____ Class: _____

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THANK YOU FOR YOUR SUPPORT. WE APPRECIATE IT!

2022 Mid-Year Standings*

OPEN DIVISION

HORSE		HORSEMANSHIP	
Name	Points	Name	Points

HEAVYWEIGHT

1. Rohara Hasanni	70	1. Gayle Muench	56
2. Windstorm Clay	44	2. Carla Jo Bass	44
3. Jiminy Cricket	42	3. Tommy Mitchell	36
4. Razmataz DBA+/	40	4. Kris Wech	30
5. Fancy I Am	24	5. Jennifer Mulligan	28
6. King's Charley R.E.	18	6. Chrissy Knight	26

LIGHTWEIGHT

1. TA Kaiser+/-	90	1. Deanne Prusak	82
2. Beau 11	66	2. Sherry Ganes	58
3. RPH Ebony Diamond	48	3. Patti Hicks	52
4. Wildfire Storm	36	4. Cynthia Mettes	50
4. Bantam Z	36	5. Alanna Price	38
4. Vaquero	36	6. Dolly Miller	34
5. Moon Shadow's Black Gold	32		
6. Allumination MCS	19		

COMPETITIVE PLEASURE DIVISION

HORSE		HORSEMANSHIP	
Name	Points	Name	Points

HEAVYWEIGHT

1. Okies Roanwood 10	98	1. Victoria Whitehead	74
2. By the Grace of God	76	1. Bobby Fields	74
3. Mtntop Never Say Never	60	2. Kathryn Barclay	72
4. Wishbone Two Eyed Jak	50	3. Marsha Howard	50
5. Roho Honoy Mocha WH	29	4. Shae Gragg	32
6. Mishaal Nadir KFA	26	5. Kim Fazzino	28
		6. Patty Lampley	22
		6. Wendy Grotheer	22

LIGHTWEIGHT

1. Giacomo	72	1. Paula Riley	54
2. Impressive Red Rebel	70	2. Sierra Patisaul	50
3. Mick Jagger	50	3. Fran Muench	46
4. Danamye	38	4. Esther Diaguila	34
4. Moonshadow 2	38	5. Teri Shaath	32
5. Sinan Mishaal Odyssey	34	6. Patty Lucas	29
6. Sugar Daddie	32		

JUNIOR

1. Sir Percival	6	1. Kinsley Edelstein	6
2. Wind River Rose	5	2. Anais Monlux	4

- * The point standings are subject to change with the year-end audit.
- * Memberships for 2022 must be paid before November 1, or points will be forfeited.
- * All rides completed through July 1, 2022 are included.
- * Please email any questions to natrc@natrc.org and include "Points" as your subject.



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If you already have an amazon.com account, all your account information automatically appears in *smile*. How easy is that?!

If you already have a charity set up on Amazon Smile, you can change it. Sign in on your desktop or mobile phone browser and simply select "Change your Charity" in "Your Account."

Points and Data

Please notify NATRC of all horse, rider, or ownership changes to save points and mileage!!

2022 Mid-Year Standings*

NOVICE DIVISION

HORSE		HORSEMANSHIP	
Name	Points	Name	Points

HEAVYWEIGHT

1. Jada Angel	56	1. Kathi Wiggins	52
2. Code Red	26	2. Lael Feist	50
3. RR Jets Pistol Blue	18	3. Therese Surdel	24
4. StarLight's Macksimum Flex	16	4. Nancy Fuller	18
4. Mr. Cool	16	5. Rebecca Vess	16
4. HF Ghazi's El-Luzion	16	5. Ashley Edwards	16
5. Bella 19	14	5. Jean Brandau	16
6. Buddy 18	12	6. Keely Watson	14

LIGHTWEIGHT

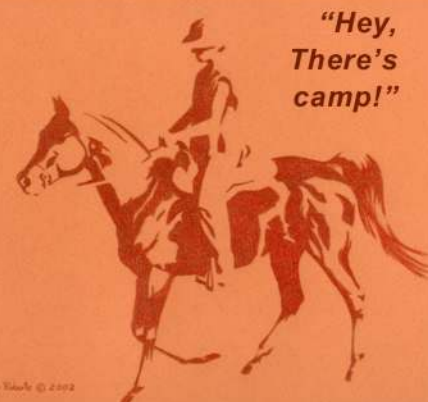
1. SA Jabari	38	1. Donya McCollum	43
2. Shez A Tiger Lily	28	2. Tina Anderson	38
3. LW An-La-Rosa Silk	26	3. Jessica Poust	34
4. OGR's Romeo	23	4. Mackie Rader	24
5. Taz 3	22	5. Lisa Henson	21
5. HC Abla el Khahir	22	6. Mollie Kelly	20
5. Tymeless VF	22		
6. Dolly 3	20		

JUNIOR

1. Timber Jac Joe	23	1. Anna Lawrence	32
2. Mick Jagger	18	2. Ashton McCollum	9
3. Rocky 14	13	3. Skylar Draycott	6
4. Hurricane	6	3. Dixie Corbin	6
4. Banshee	6	4. Amberlynn Wix	4
5. ROL Born to Dance	3	5. Jade Bowker	3
5. Jalapeno Super Star	3	5. Regan Powis	3
5. Celestial's Magnolia Dreama	3		

- * • The point standings are subject to change with the year-end audit.
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True Rewards

By Linda Galbraith, DVM

I look at judging as a privilege, which allows me an opportunity to share riders' unique relationships with their horses. The old saying is true, "We never stop learning." My goal, with my horses, has always been to learn and improve. That is what competition is about.

Judging not only helps me share some of my knowledge as a veterinarian, but I also learn from each rider. I try to see negativity as a misdirected reaction to the

struggles that come with any endeavor. When competing, I personally look for those "constructive comments" to improve my horsemanship.

Winning is nice, but it is the journey, the work, the time, the mistakes, and the effort to improve that is my true reward. I hope as a judge I can convey that the "points off" are not penalties, but are rewards for the courage to be judged, and hopefully guidance to be used to find the "holes" that

will give us the focus to continue the work with direction and a positive attitude.

The bonus for me as a competitor, and a judge, are the end-of-day smiles, the camaraderie, the support we have for our competition (whether they beat us or not), the pride we all have in our horses, and most importantly, the relationships we all share because we respect and appreciate how lucky we are to have the opportunity to share our lives with horses.

Honorary and Appreciation Nominations Due November 20, 2022

Ruth Mesimer, Honorary and Appreciation Chair

Mark your calendars now. Include this information in region news-letters. Talk about it during CTR ride briefings. The 2022 Honorary and Appreciation write-ups (in Word) are due to Ruth Mesimer at RuthM9496@gmail.com by 10pm CST, Sunday, November 20, 2022 in Microsoft Word format.

These awards include:

- Jim Menefee NATRC Lifetime Achievement
- Workers Hall of Fame
- National Appreciation
- Regional Appreciation for National Recognition

PROCEDURE

Brain storm with your fellow region members and prepare write-ups for deserving folks in your region. Sub-

mit nominations and write-ups to your region's BOD for approval by the due date that your Region has set.

PLEASE, keep the word limit in mind on each nomination and submit in Word format.

Forward (by a person designated by each region's board) the approved nomination write-ups to the Honorary and Appreciation Chair.

Your national board members receive all of the approved nominations and make their selection at the December 6, 2022 meeting. NATRC presents the awards to the chosen recipients at the following national convention.

CRITERIA

Jim Menefee NATRC Lifetime

Achievement Award - awarded one time only to an individual. Each region may nominate one NATRC member for

the award. The national BOD selects one. The recipient gives a brief speech upon accepting the plaque at the national convention. This award honors Jim Menefee, a favorite judge who was especially encouraging to Novices and first-time competitors. **Write-up limited to 400 words.**

Workers Hall of Fame - one time only to an individual, pair or couple. Each region may nominate one member for the award. The BOD selects one or more at their discretion. **Write-up limited to 400 words.**

National Appreciation Award - each region may nominate one member for this award. The BOD selects three. A recipient can be eligible only once every 3 years. **Write-up limited to 200 words.**

Blasts From Our Past -



Many watchful eyes for a judged mount at the Cavalier Ride, Region 3, 1972. The rider is Diane Nicholson.

Virtual Obstacle Challenge

NATRC



Summer 2022

SET 1 & SET 2 Standings

Competitor		SET 1		SET 2		Brckt	Equine Name
		Rank	Score	Rank	Score		
Betsy	Zimmerman	1	56	5	40	A	Roadshow Popsicle
Patricia	Petelle	2	52	1	49		Kings Lasting Legacy
Sherry	Garnes	3	43				Beau
Elaine	Swiss			2	45		Dust My Broom
Beverly	Roberts			3	44		Wyntez Buddy
Courtney	Woodall			4	42		Kodak's Breezy Girl
Fran	Muench			4	42		Giacomo
Becky	Rogers			5	40		Vino Que Syrah
Fran	Muench			5	40		Rohara Hasanni
The	Tomlette			6	38		CWH The Sea King
LeeAnn	Dreadfulwater			7	35		Cuatrobeat Silverado
Alice	Perryman			8	31		Flyingtranch Stormcloud
Linda	Reilly	1	53			B	Pete
Colleen	Fisk	2	42	3	39		Jasmine's Magic
Colleen	Fisk	3	40	3	39		Vaengskjona
Stephanie	Swain			1	41		TKR Leather N Lace
Christiane	Knight			2	40		Fancy I Am
Susan	Dreyfus			3	39		Oh My Bella Dona
Dee	Mohammadi			4	9		AJs Cache of Grace
Kelly	Moon	1	52	2	36	C	Color Me Faithful
Jann	Bach	2	51	5	33		Mtn Ridge Asparagus
Marilyn	Dardenne	3	43	3	35		Tardy Duster Bueno
Rosemary	Carlson	4	41				Ata Al Shamal
Page	Mastor	5	38				Diamond's Lil Cowgirl
Page	Mastor			4	34		Cochise
Amanda	Matula	6	37	3	35		Boogie's Peek-a-Boo
Laura	Hardesty			1	41		Justin's Bey Trey
Lilly	Reilly	1	50			D	Crown Prince
Claire	Reilly	2	49				George
Emma	Walston	3	27	1	36		Petite BonSheik

Some competitors choose to do only some of the challenge tasks or sets.

COMPETITOR BRACKET EXPLANATION

A - Experienced with > 1500 miles C - New with 0 miles
 B - Experienced with < 1500 miles D - Junior age 10 - 17

A Long Distance Rider's Guide to Successful and Healthy Miles in the Saddle



By Sarah J. Smith

About the author:

Disclaimer

Sarah J. Smith, NATRC executive director, competitor and horsemanship judge, grew up in NATRC while competing as a junior. She took a hiatus to attend college, become a Marine and have a family. When presenting health related seminars, she prefaces with a disclaimer, "I am not a certified personal trainer, dietician, doctor or medical professional in any capacity, so as always, please consult your doctor before starting any new exercise routine or utilizing new supplements, particularly if you are on any medications or may be physically compromised in any way. The goal here is to benefit you, not harm you."

Qualifications

When asked why she is qualified to share this information, she says, "Experience. Trial and error...and a lot of it! I am no stranger to pushing my body to the extreme over my entire lifetime as a high school and college All-American track athlete, a United States Marine with eight years of service,

deployments and a combat tour in the Kuwait and Iraq deserts, a 40-mile ruck (hike) in 10 hours and 45 minutes on my 40th birthday, a Tevis Cup completion in 2018 plus several thousand NATRC competition miles. I don't hold certifications, but I've lived a lot of life that I'm happy to share with others to help them on their journeys."

One of the greatest things about NATRC is the focus we put on rider education in order to make them better equestrians in general. In that focused education, we place much of the weight on the care, conditioning and selection of our horses, as it rightfully should be.

The Gap

The major gap I have found in our education is simply the focus on our own care, health and well-being as riders... we are just as important in the equation! You may have the best and most fit horse, but if you aren't on your "A" game, more than simply not presenting your horse to its fullest potential, you could actually be hurting your horse in subtle or not so subtle ways.

You don't have to be a world class athlete to do what we do, but being reasonably fit and healthy is something you should desire for both you and your horse. No distance is exempt from

the benefit of rider fitness and care. Whether you are pleasure riding, doing your first Leisure Division competition or doing your 100th Open Division ride...you as a rider stand to benefit from taking care of yourself. Having a fit horse for distance riding is critical for their safety and well-being; having a basic level of rider fitness enhances YOUR safety and well-being equally.

Fatigue

Rider fatigue is one of the major factors in rider option (RO) pulls for long distance competitions greater than 50 miles. It is the second highest pull category for 100-mile endurance races, second only to lameness.

Rider fatigue and compromised equitation can lead to issues in your equine such as a sore back or less than optimum natural gait and movement. When we get tired, we can get loose and sloppy in the saddle, and trust

me... your horse feels it, most likely worse than you do.

A conditioned horse with an unconditioned rider only goes so far. As a rider, your life in the saddle is much better at the end of the ride when you have a little gas left in the tank and muscles that aren't trembling with fatigue. To boot, your horse still needs, and deserves, a lot of post ride care before you kick back with that tasty beverage and ice pack.

Are you abnormally exhausted post ride? Do you experience muscle cramps during and after rides? Do you experience frequent headaches during and after rides? These can all be indicators that you need to look at your pre-ride preparation plan as well as self-care during the ride itself.

Barriers

We all have barriers of some kind whether they are physical, emotional, financial etc. It is *(Continued on page 13)*

(Continued from page 12)

critical to identify those barriers or limitations and work *with* them. Do not ignore them! In order to be realistic in your goals and training, you need a realistic baseline. Working through injury recovery or a long term/permanent disability takes thoughtful and responsive planning as well as appropriate professional consultation. You'll go to almost any expense for your horse...but what about yourself? Can you get by without spending a lot of money on yourself in order to achieve your goals? The answer is often yes.

The beauty of our sport is that it is truly the melting pot of equine sports...come as you are! You don't need the fanciest of things to ride with us. With that being said, you should be willing to invest in you and your needs. Think about what you spend on your horse for properly fitting tack, feed, supplements, veterinary care and other holistic care services. Are you doing any of this for yourself? If we aren't functioning at our best, we can't do our best for our horses even if we think we can. Under the surface, all of those small issues add up and play a role in our success or hiccups as we work towards our goals. *Be willing to invest in you!*

Mental Limitations

Successful and healthy riding isn't just about the physical mechanics of the body, but it is equally about the rider's state of mind and mental well-being. We may not always be able to readily fix what ails us emotionally, but being aware of our mental health status, and preparing for it can go a long way toward preventing negative situations with horses and people.

As humans, it is far easier to let our egos get in the way and say "I'm fine" when we truly need to take that mental health break and do some self-care. Like dealing with physical limitations with the body, recognizing and respecting our emotional limitations at any given moment can go a long way in ensuring better rides, less overall stress and better relationships with others.

Fitness and Lifestyle

Effective training programs are *never* one size fits all! Fitness programs as well as nutrition are as unique as you are. If you choose to

work with a professional trainer or dietician, interview them as if you would an employee for a job because they should be working *for you*. If they have a very rigid approach and apply a "cookie cutter" method to all clients, I would be very hesitant to engage in that program unless it seems to be a good fit for you.

The critical factor with any fitness and nutrition program is sustainability long term and looking at what you are doing as a lifestyle rather than a temporary fix or diet. It will shift your entire focus and therefore life path. We talk about "soft eyes" in centered riding...consider this using your "soft eyes" in life!

Avoid gimmicks! Entrepreneurs capitalize on our human desire for instant gratification, especially in the health and beauty areas, and are continually developing fitness programs, machines, tools, and dietary supplements that should deliver a super model body in a box within 30 days or less...all for the low price of \$500, but if you buy it right now you can get it 50% off! I'm not saying there aren't some valid purchased programs out there (hey, I'm a P90X person myself), but you need to ask yourself if you can you sustain it without having to continue to pay a person, place or business in order to maintain a similar level of success?

It is part of human nature to follow the path of least resistance. I hate to break it to you, but there just isn't an easy way to get fit and healthy other than doing the work and making lifestyle changes.

When you do the work and shift your lifestyle, your body starts to do the work for you and works in a way that is natural to its own functions. You don't necessarily need a gym or a trainer to get a reasonable level of fitness! Achieving fitness does not have to be a formal event, but you do need to make a conscientious effort around it. Schedule time for it so that it is a priority in your day even if it is 30 minutes three to four times per week. If you don't do enough, you won't have results.

I also caution about doing too much, especially in the beginning. Just like horses, long slow distance applies to us as well. Always assess where you are realistically and work your way up as! I like to share the "Boom/Bust Cycle" because we as humans are

notorious for it and are capable of it because of this little thing we have called an ego. The simple way to describe it is we go to the gym, work out way too hard for our bodies and spend weeks recovering and nursing an injury. After the injury is relatively healed, we try to make up for lost time and push too hard again, aggravate the previous injury, and thus we are in the Boom/Bust Cycle. Pain *does* make you compensate somewhere, so make



sure to start slow and build yourself up.

There are so many ways to achieve fitness, and you can do most of them at home; everyone has the opportunity to do *something*. Horseback riding in and of itself is a good form of exercise, but it only benefits certain muscle groups. Depending how you ride, or how much or little you ride, supplemental programming is important. Running, walking/hiking, weight lifting/strength training, yoga, Pilates, martial arts, swimming, plyometrics, cycling, rowing and kayaking are all examples of great fitness activities, and most of these can be structured or modified to accommodate the majority of physical limitations or disabilities.

Self-Prep

In the days leading up to a long-distance ride or competition, we spend time preparing our horses by resting them, hydrating them, often preloading them with electrolytes and hydrating mashes...you should be doing the same for yourself!

No matter the weather, start hydrating and consuming electrolytes daily to prepare your body for the work and electrolyte loss to come. If you can get ahead of it, and stay ahead of it, you can prevent the (Continued on page 14)

(Continued from page 13)

deficit that can negatively impact your ride. Dehydration and electrolyte imbalance are some of the primary causes of rider fatigue, discomfort and injury. If you are actively or heavily working out, it is best to reduce your activity at least three days prior to the ride or competition to allow your body a fair recovery period.

If possible, reduce your stress! What can you take care of the week before? Don't try to do everything at the last minute before you leave as the stress increases your cortisol levels. While this isn't always a bad thing, continuous stress is, and the more you can plan and manage in advance, the healthier your overall experience will be. Your horse will thank you...and probably load better too!

Self-Care

In addition to fitness activities, there are many self-care methods for the body and mind that I have utilized (most of which I have also used on my equines!). Such methods include chiropractic, acupuncture, acupressure, massage, pulsed electro-magnetic field therapy (PEMF), transcutaneous electrical nerve stimulation (TENS), physical therapy, aromatherapy, essential oils (therapeutic grade), and Epsom



salt soaks to name a few.

At the ride, make sure you are eating and hydrating! If you are riding Saturday, or both Saturday and Sunday, make sure you are prepping on Friday with plenty of water and electrolytes. Consume healthy fats and proteins so you are fueling your body with

the energy it needs to do its job. Saturday morning (or before the day's ride) as you are caring for your horse, prepare your own electrolyte beverage and consume it completely (at least 12 to 16 ounces of water).

I am a big fan of branch-chain amino acids (BCAAs) in combination with my electrolytes before and after a ride. BCAAs are essential nutrients including leucine, isoleucine, and valine. They're found in meat, dairy, and legumes. Depending on your preference, and whether or not you eat breakfast, eat something light that's protein or healthy fat dense.

If you tend to get hungry while you ride, pack a protein enriched snack like jerky, protein bars, or mixed nuts, that can not only get you by, but are also of actual energy value to your brain and muscles. Make sure you pack the right snacks based on your dietary needs! We can buy our matching tack; have the latest plaid riding tights and the best mane braiding skills in all of NATRC.... BUT, if we don't take care of ourselves on the inside, we might just be looking fabulous in the back of an ambulance or on the side of the trail waiting for a safety rider.

Pack plenty of drinking water and refill anytime you have the opportunity! Remind yourself to drink while on trail. It is easy to focus on your horse, your horse's needs and the mission at hand rather than thinking about yourself.

DRINK! Make sure to pack electrolyte tablets or energy gels with you if you are doing longer distances. I even recommend them for shorter distances as the person who needs them may not always be you! I've shared them with others in trouble or discomfort.

Are you responsible for another rider? Perhaps you have a junior rider in your care. Not only do you need to ensure you are taking care of yourself in order to be responsible for them, but you are also setting an example and educating them in the same practice for their success and well-being going forward.

Upon returning to camp, get off your horse and fix yourself an electrolyte drink right away, even if you don't

feel thirsty. Your horse won't mind, and you might even be a little less cranky. You may not feel ready to eat right away (that is normal...your body takes time to reacclimate out of performance/work mode before "waking up" your other system functions). When your appetite returns, start with a small meal of easy proteins and anti-inflammatory foods. Don't go for that bag of chips or leftover pasta in the fridge right away even though it may be tempting. Save that for later!

Closing

We love our horses and our sport, and we get to enjoy beautiful trails across the country riding with NATRC. Let's make the most of those miles by being as healthy as possible, both physically and mentally, so we can be better riders, friends, professionals and people in general.

Human health in the equestrian industry is highly overlooked, even in the long distance and endurance riding world despite the physicality of it. We can change that, by making changes in ourselves and through education, which is what NATRC does best!

Questions? I can be reached at saddle1up@live.com or on Instagram@[saddle_1_up](https://www.instagram.com/saddle_1_up).

One of the unique aspects of NATRC that sets us apart is our evaluation of horsemanship and equitation, which is not a fundamental component of any other distance equestrian sport in the nation. We should be proud of that, because it truly makes us great in many ways, and we really shine when we compete or participate in other equestrian events. The work we do with NATRC shows.

– Sarah J. Smith

NATRC - A Family Sport

By Kay Gunckel

I am so blessed that I was able to compete in NATRC rides with my two children.

My son, JJ, started riding competitive trail when he turned 10 years old. We drove all the way with a friend to Herber, UT, for his first ride. I have the cutest picture of him running with his white paint horse, Marshmallow, with shorts and cowboy boots. Unfortunately, his mare's arthritis in her hocks flared up, so she was pulled after the first day's ride. JJ got to stay in camp with a nice family and play in the beaver ponds!!!

Next JJ had the opportunity to ride on two experienced NATRC horses to show him the ropes - Roxanne Lane's horse, Foxy, and Linelle Miller's horse, Dutch. These horses gave JJ the confidence he needed to compete the next year on Marshmallow's foal, Sassy.

A funny story riding with JJ. We were tired and wanting to get back to camp. We started talking about if we were stranded out in the wilderness, and we had to eat each other, who would have to go first. He said I would because I was older, but I said he would since he would be much more tender to eat and I would be tough. It was just for fun and got us on down the trail.

At one ride, we were nearly to the 2-mile point, and we stopped to

let horses eat some green grass. Sassy must have gotten bitten by a bee and just started bucking. JJ stayed on for the first five bucks, but then came off and Sassy took off. We watched her gallop all around and catch up with another group of competitors. Luckily they brought her back, and JJ climbed back on. It took 15-20 minutes, and now we were late getting back on time. We cantered on a nice Jeep trail all the way back to camp; what fun!!!

When Ashley turned ten, she joined us on her wonderful white Arab gelding, Sport. We were the three musketeers. JJ road out front, I rode in the middle, and Ashley rode in the back. Sport was a really slow walker. Once Ashley learned how to canter, she would purposely hold back just so she could canter to catch up.

It was truly a joy to ride together as a family. Just like you build a bond with your horse with the many miles down the trail, you also build an incredible bond with the riders you share the trail with. I shared many miles of trails, both in competition and on training rides, with both JJ and Ashley. I will always cherish those years.

JJ and I ended up moving up and competing in Open. JJ was a

fierce competitor. As a junior rider, he was always someone for other Open riders to watch out for winning Open Sweepstakes.

Ashley's horse, Sport, was not an Open horse, so she continued riding in the Novice division where she excelled as she developed her riding skills. She and Sport had many memories riding with another junior rider, Morgan, and by herself.

Ashley stopped at a stream on one ride to give Sport a drink and wet his legs down. Sport ended up stepping on her hand, and she smacked him with her other hand to get off. Sport ended up running off, leaving her standing, by herself, next to the stream. Luckily, an unfamiliar rider came down the trail ponying Mr. Sport. She wiped her tears, climbed back on, and rode back into camp with this wonderful rider who took her under her wing. NATRC family.

My kids both competed in the show ring with their horses. I feel they excelled there as well because of the skills and confidence they gained from NATRC.

I was truly blessed to have this time on horseback with my children. NATRC is truly a family sport!

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Photo by Gary Waitis

4-H Junior Rider Year End High Point Award

Put your valuable 4-H skills to use outside of the arena and compete for this special award. Trail riding is a great way to cross train your horse for shows, safely practice your equitation and communication in a more scenic setting, and even put those showmanship skills to use during the in-hand vet checks!

Encourage your fellow 4-H friends to join you in competitive trail rides and compete for NATRC's 4-H Year-End High Point Team Award. Contact us if you would like a presentation to your club to introduce the sport and answer questions.

To be eligible is simple. Just compete in any division, nominate yourself, and prove that you are a 4-H member! Here are the specifics:

- 1) The award goes to the high point horse and rider team **regardless** of the division.
- 2) Your self-nomination must occur before the end of the ride year which is the second Sunday in November. (For 2022, that will be November 13th).
- 3) You must: (a) be an NATRC competing member, (b) contact Sarah J. Smith at natrc@natrc.org to nominate yourself, and (c) have your 4-H leader contact Sarah to verify that you are a 4-H member.

Additionally, in a number of states (Colorado is one example), 4-H now recognizes competitive trail as an activity that qualifies as a 4-H member's project. How cool is that?

A form to use for documentation at the ride is available [here](#) or contact Sarah at natrc@natrc.org.



Moved? Changed Name? Sold a Horse? Bought One? Added a Junior? Different Phone?

Please report any changes in your membership information to the national office. Such changes might include your name, a move to a different address or region, the sale of a horse, or the addition of juniors to a family membership - particularly if a junior has a different last name.

Basic changes like address, phone number and email address can be made on the website under "My Account" at the top right hand side of the screen. It's your responsibility to keep your information up to date.

Sarah J. Smith 402-806-8708 natrc@natrc.org

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Trends in the Horse Scorecard

Scoring the horse in NATRC competition consists of evaluating condition (40 points), soundness (45 points) and trail ability and manners (15 points). Trail ability and manners (TA&M) includes, but is not limited to disposition, response to rider, kicking, head tossing, prancing, standing for examination and mounting, buddying up, being trail wise, etc.

Veterinary judges are there to not only conduct thorough examinations for scoring and placings, they are also there to keep the horses safe, to advocate for the welfare of the horse, and to educate riders about how they can help their horses compete as athletes.

Review of horse scorecards in 2021 indicated that the minimum standards of two metabolic checks and one soundness check per day on trail, evaluation of the horse back in camp, and evaluation of the horse for soundness before starting the second day of a 2-day ride (and the third day of a 3-day ride) weren't always being met. Further, the largest percentage of points off were often taken on TA&M. Overall for 2021, of total points lost on horse

scorecards, 40% were on condition, 20% on soundness, and 40% on trail ability and manners.

The NBOD considered several questions:

- 1) Are we meeting riders' expectations?
- 2) Are the results consistent with our expectations of the veterinary judge role?

3) Are TA&M points overemphasized?

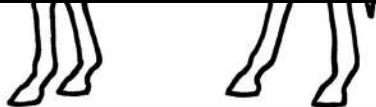
4) Are the winning horses being determined by the TA&M category?

The NBOD directed a task force to explore solutions. Composed of veterinary judges, a horsemanship judge, a ride manager, and riders, the task force has proposed a pilot program with a long-term goal of more balanced judging.

Two large aspects are to adjust some scoring guidelines and to revise the TA&M category name to Maneuvering Trail & Behavior. Veterinary judges are not trained to evaluate obstacles in the same way as horsemanship judges and should be encouraged to look at obstacles through the lens of behavior rather than horsemanship.

The task force also recommended changing minimum "standards" to minimum "requirements."

These proposed revisions will be indicated in red font on the back of the 2023 horse scorecards. We hope all riders, judges, managers and members will support this pilot program. Your participation will help us learn what works and what we can improve.



MANEUVERING TRAIL/BEHAVIOR 15 Points

Exams, Mounts: (Max. 3 pts /observation)

Excellent (perfect standing)	+	
Good standing	-	Good
Balancing step / slight shift or movement	-	
Mild Movement (1-2 intentional steps)	-	-1/2
Moderate Movement (3-4 steps away, turns)	-	-1
Profound Movement (multiple steps / walks off)	-	-2

Maneuvering Trail/ Behavior: (Max. 3 pts /observation).
Additional points may be taken for safety concerns.

Excellent behavior	+	
Good behavior	-	Good
Misbehavior:		
Slight	-	}
Mild	-1/2	
Moderate	-1	
Profound	-	}
Dangerous	-2	
	-5, -10 or DQ	
DNC / Pass:	-	-3 or less

Anxious, rushing, buddying, head tossing, shying, crow hopping, reluctant, resistant, jiggling, inattentive, distracted
Bucking, rearing, kicking, biting, charging, bolting
Did not complete or pass

MINIMUM REQUIREMENTS FOR VET JUDGING

1. Two on-trail metabolic evaluations per day
2. One on-trail soundness evaluation per day
3. One evaluation of surface factors per day





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By Micahlynn Kaza

Tell me if you fit into any of these scenarios....

An avid NATRC participant and love the challenge but find yourself always looking forward to the next ride, wishing there were more events to participate in.

An NATRC legend, spending years (decades?) participating in rides but are now shifting focus to other areas of your life but you still enjoy riding and miss the competitive-factor of events – a nice little motivator to keep you and your equine active.

A new NATRC member looking for more motivation to get out and ride more to condition both you and your equine for more miles so you can level-up at your next event ride.

Blink once if you can relate to any of these scenarios.

Inspiration Nation

If you can relate to any of the above scenarios or just want to spend more time with your equine, you're going to love the Top Trail Horse program. There is a whole community of trail-loving riders who feel the need to compete with their steed.... and you can find them at TopTrailHorse.com – an online virtual trail riding challenge for those who love to track their rides and compete for the coveted bragging rights of being the Top Trail Rider + Horse.

With Top Trail Horse, you can feed your competitive spirit by keeping track of the real-time leaderboard for Quarterly and Annual top trail riders (and horses). This provides excellent motivation to keep you riding nearly all year long which will help keep you and your horse in great condition for event days.

As a bonus, you may even win some awesome prizes during quarterly giveaway drawings. These drawings are recorded live and broadcast in the [Top Trail Horse Facebook group](#) where you will find thousands of other avid trail riders to help inspire and motivate you along the way.

How Does It Work

To get going, you can join [Top Trail Horse](#) online and opt for the NATRC add-on, selecting your NATRC region upon sign-up (NATRC membership required for add-on). A Top Trail Horse membership goes hand-in-hand with your NATRC membership and is treated as its own virtual ride challenge – but lasts all year!

In the Top Trail NATRC forums, you can see in real-time how you and your equine rank in your region and nationally with other members. Great incentive to keep you motivated to put in the miles and ride!

To record and report your mileage, you can use any app that allows you to download your GPX file so you can submit it via the Top Trail website. For even easier use, we recommend the [EasyTrails GPS](#) tracking app since it integrates directly with the Top Trail website and you can load your rides straight from the app. You can track miles for your equine partner, even if you have multiple partners – just select which equine when you upload your ride or update it later.

Awards & Rewards

All new members receive a “Ride and Shine” iron-on patch to proclaim their trail riding love! In addition, members receive annual certificates acknowledging their lifetime



miles and their annual miles for that year. Plus, you will earn mileage rocker patches for notable cumulative milestones you achieved that year (1000 miles, 2000 miles, etc.)

It feels good to have your time and riding efforts recognized and rewarded. Plus, the entire Top Trail community loves to see photos of your adventures and will cheer you on all year via the Top Trail Facebook Group. The Top Trail Horse program is a fantastic way to keep you motivated, even through the hard months, to keep on riding!

How To Join

The Top Trail Horse program is \$68/year for Premium (\$52/year for Basic) Top Trail Membership and the NATRC add-on. You can sign up on our [website](#) and get going immediately!

Future Expansion

Recently, Top Trail Horse (online mileage program) and Top Horse Trails (online trail directory) merged and will be creating a whole set of trail riding tools through an exclusive equestrian trail riding app and improved website experiences.

The future of trail riding is coming and it's our mission to help get more equestrians out on trails.... whether you're riding for pleasure or training for your next NATRC event - we want to help make your trail riding experience easier and more enjoyable.

The first step is to sign-up with Top Trail Horse and join the online NATRC ride challenge. [Sign-up now!](#)

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By giving to NATRC, an organization that holds a unique place in your heart, you are ensuring that we can continue to promote equine and equestrian safety through trail competitions and education programs, and to develop and maintain trail systems throughout the country.

Contact: natrc@natrc.org

The North American Trail Ride Conference is a 501(c)(3) non-profit organization. Your donation is tax deductible. To implement any of the donation suggestions, please be sure to work with your attorney or financial adviser.



Photo by Jim Edmondson

NATRC Student Loan & Scholarship Program

Student loans and scholarships are available according to the budgeted amount, at the discretion of the National Board of Directors. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least 3 years. Consideration will also be given to a student or a student's family who has been an active member for less than 3 years but more than 6 months.

Priority will be given first to a student enrolled in an accredited School of Veterinary Medicine; second in studies leading to a degree in Animal Science, Nutrition, Health and/or other related equine field; third in other related equine studies; fourth to a college student in his/her senior year, then junior year, sophomore year, freshman year. For a student loan, consideration may also be given to a student enrolled in other studies.

Other considerations include financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

For an application, contact the NATRC Executive Director at natrc@natrc.org, or download the [Student Loan Application](#) or the [Bev Tibbitts Memorial Scholarship Application](#).

Please complete the appropriate form in Word or as an interactive PDF and submit via email to the Executive Director at natrc@natrc.org

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When the Wife's Horse is the Backup

By Fran Muench

Photo by Andy Olmstead of Gore/Baylor Photography, used with permission

Yep that's it! Henry (Rohara Hassani) completed Tevis this year with my husband Gayle on his back. Previously Gayle had completed three 100 mile endurance rides. Two were the Tevis...undeniably the mother of all 100's. The third was Big Horn in Wyoming.

Gayle started riding in NATRC in 2014 on Traveler and achieved a National Championship on Reggie in 2020. In 2021, he competed SA Jabari and garnered the Region 4 Rookie Horse of the Year riding in the Open division. Since he started NATRC, he has logged hundreds of miles on multiple horses. Blue Hearrt, his tried and true 100-mile horse, was to compete again.

Now Blue hasn't competed in an NATRC ride, and Gayle and I often joke that Blue just couldn't

handle that....that gelding just likes to GO! Blue had completed Tevis in 2019, Big Horn in 2020, and Tevis in 2021. Blue completed two easy 25 milers at Spanish Peaks in southern Colorado (SOCO) as his final tune-up for Tevis. After a day off, Gayle went to hand walk him, and he was three-legged lame. After an assessment it seemed that it was a soft tissue injury and other options had to be considered....you don't take an even slightly lame horse to complete a 100 mile ride. "Hmm, what about Henry for Tevis?"

Gayle and Henry had squeezed in and completed a quite challenging 50-mile ride at SOCO this summer, but committing a horse to Tevis is a serious matter. What got Henry fit was this year's NATRC Open rides! Since December, Henry has completed seven Open rides from New Mexico to Florida including the challenging Navajo Lake in

New Mexico and the Alabama Trail Scamper. That was about 400 miles of high quality training during competitions. He had another 250-300 miles of training including miles in the mountains near Crested Butte, Colorado.

After consulting with Jonni Jewell, our friend and NATRC mentor (OK most anything horse related), we decided that Henry's training and conditioning were up to the challenge. I knew Gayle would put Henry's best interest and health first during the ride so...Here we go; Gayle switched his ride registration over to Henry! So on to the ride. Gayle would need to rate Henry to enable him to pulse down and trot soundly at the 12 vet checks they would encounter along the 100 miles.

Gayle had made the decision to basically start in the middle to the back of the field of about 130 horses to diminish the possible emotional effect of horses flying past early in the ride. It worked initially as they walked down the road (in a huge herd) to the start line. But once they stopped to wait for the start, Henry got pretty worked up and was fully lathered under his breast collar by the time they actually started.

Gayle used the terms "jack hammer trot" and "rear hoof slams" to explain the excess movement that did not result in much forward progress for the first 5 miles of the ride. Another

(Continued on page 21)



(Continued from page 20)

rider was very complementary regarding Gayle's riding skills as he "stayed on" during Henry's shenanigans at the start.

Henry finally settled in and started eating up the miles. Gayle's NATRC and previous Tevis experience kept him on task, although he felt that they were behind on his targeted pace. Gayle uses a basic timing plan that Jonni Jewell shared with him a few years ago when we crewed for her on one of her Tevis completions. Gayle sticks to his plans and is typically successful doing so. He knew they could make up time later.

There are two mandatory 1-hour holds where the ride crew (usually a few horse-wise friends of the rider) can assist to refuel and rejuvenate the horse and rider. Our ride crew this year consisted of Helen Smith, an NATRC competitor from Region 6, and daredevil foxhunter, Melanie Martin, a friend and successful AERC ride competitor/manager who had completed Tevis previously, and myself. The first hour long stop was at Robinson Flat at mile 36. Gayle reported that upon leaving

that stop Henry long trotted most of the next 14 miles where possible.

They started passing people and were set up to ride mostly solo into the first canyon. It was perfect timing for Melanie Martin to be at Chicken Hawk at mile 64 to assist Gayle with cooling Henry down as the temperatures had soared, and they had had a pretty good climb into the vet check. Henry was hot and had elevated pulse rate and respirations. When they arrived at mile 68 at Forest Hill around 7:30 p.m., Gayle and Henry were again recharged with the help of crew. They took off into the night with the temps finally dropping and moon coming out about midnight.

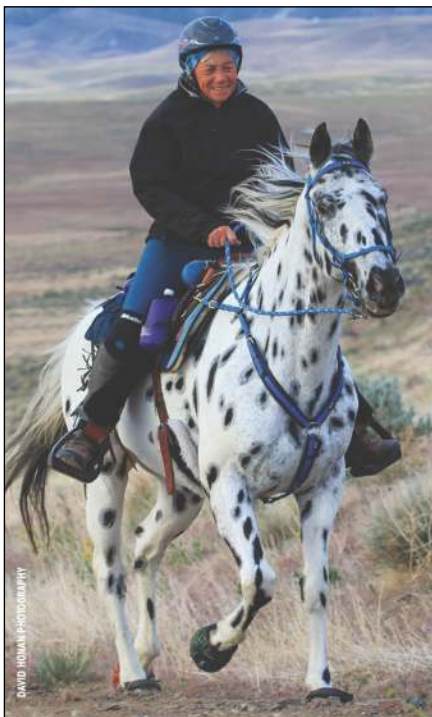
Along the Tevis trail, there is not a lot of natural water but the competitors do have to cross the American River. Henry has had water crossing issues, but he didn't hesitate to go into the river. However, when he did, Gayle said he heard Henry's breath catch as the cold water hit his chest. Gayle commented he also gasped as the cold water came up almost to his knees. As he rode, the water

was very slow to drain from his waterproof boots!

At Lower Quarry, just 6 miles from the finish, Gayle noticed Henry's heart monitor reported Henry's rate was almost down without use of cooling with water. The vet checked him at a 56 heart rate but gut sounds were low (C). The vet cleared him, suggesting that Gayle could go by the out timer and let Henry eat or get on down the trail to Auburn. The vet recommended that he hit the trail. So they went on, passing another 10-15 people. Henry picked up a nice long trot and slipped across No Hands Bridge and on to Auburn.

(Continued on page 22)

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(Continued from page 21)

We saw Gayle and Henry cross the finish line where Henry tried to drain the water tank. Melanie, Helen and I joined them and we all walked over to the stadium. Henry's gait and impulsion were seemingly unaffected as they did their victory lap around McCann stadium. Gayle and Henry proceeded to Head Vet Dr. Mike Perez (former NATRC rider) to get checked out. Henry pulsed down very quickly and passed his final metabolic and soundness check. Gayle had completed Tevis with a fairly inexperienced long distance horse.

Gayle had mentioned to me many times that Henry had an "interesting" personality. He had really discouraged me from purchasing him after seeing his "snake head" and whites of his eyes while standing in the cross-ties.



But I do have to mention that another friend told me not to look at a prospective horse's face as you don't want to be swayed by "just another pretty face". Jonni Jewell had murmured something about him being a possible Tevis prospect (which I had no interest in for myself).

Henry didn't really fit any of the criterion I had set when I was looking for an additional horse:

maximum 15 hands, no white feet/legs, and pleasant attitude. That all went away when I saw how he moved and his conformation. I fell in love. I guess I may be able to pick them, maybe not ride them....but Gayle certainly can. Congratulations Gayle on another successful Tevis ride on an NATRC horse!



Which division is right for me?



		LEISURE	NOVICE	CP	OPEN
Number of Days		1	1 or 2	1 or 2	1, 2, or 3
Shortened 1-day Format		X			
Distance (miles)	1 day	8 - 12	15 - 24	15 - 24	25 - 35
	2 days		30 - 40	30 - 40	50 - 60
	3 days				80 - 90
Average Pace (mph)		3 - 4.5	3.5 - 5	3.5 - 5	4 - 6
Horse Minimum Age		4	4	4	5
Classes		Adult Junior Experienced	Lightweight Heavyweight Junior	Lightweight Heavyweight Junior	Lightweight Heavyweight Junior
Leg Protection Allowed		X			
Judging Observations		Up to 5	Varies	Varies	Varies
Number of Judges		1	2	2	2
Scorecards		1	2	2	2
Scoring Type		Positive	Negative	Negative	Negative
What is Scored	P&Rs/day, scored	1, X	2 (min), X	2 (min), X	2 (min), X
	Trail Ability & Manners	X	X	X	X
	Equitation & Communication	X	X	X	X
	Safety & Courtesy	X	X	X	X
	Soundness	Go / No Go	X	X	X
	Condition	P&R Only	X	X	X
	Tack	Eval+ Safety	X	X	X
	Stabling	Eval Safety	X	X	X
	Grooming		X	X	X
	Trail Care		X	X	X
National Year-end Awards			X	X	X
Mileage Tracked & Awards		X	X	X	X

+ Eval means Evaluate

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NORTH AMERICAN TRAIL RIDE CONFERENCE



By Robert Eversole, TrailMeister

Not planning ahead is planning to fail.

Things happen and being able to handle minor inconveniences on your own can keep you on the trail and your trip without having to call for help. Just about anything in your truck, trailer or tent that can snap, crack, rip loose, tear, bend, leak, spark, or fall off will do exactly that—and always when you're out enjoying a trail ride 40 miles from nowhere and 10 miles from the nearest cell phone reception.

The whole trick to maintaining inner tranquility and not letting a mini disaster spoil your trip is to have a well-equipped emergency toolkit on hand. It should contain basic items that can help you deal with everyday problems and annoyances.

Sure, you could call your roadside assistance company and wait for an hour. Or, you could prepare for the worst, and be back on the road in 10 minutes.

No matter how well constructed your horse trailer is, eventually something will have to be tightened, loosened, pounded flat, pried or cut. Here are some mostly inexpensive yet important items that newcomers and veteran campers alike should pack for every trip, both big and small.

What to Keep in Your Traveling Emergency Toolkit

4 Essentials:

- Fire extinguisher – for keeping a small fire from becoming unmanageable.

- Jumper cables – for saving the day if you leave your headlights on.
- Jump starter battery pack – for saving the day if you leave your headlights on, and you're on your own.
- First Aid Kit – for being your own doc until a real one can arrive.

10 Tools:

- Phillips head and flat bladed screwdrivers – for tightening and loosening screws; also for prying items apart.
- Pliers – for holding machine nuts while installing or removing, or squeezing items together.
- Channel-lock pliers – for dealing with oversized machine nuts or turning pipes.
- Adjustable Crescent wrench – for tightening and loosening bolts and machine nuts.
- Claw hammer – for straightening what got bent, bending what got straightened, driving nails and stakes, and pulling them out again, and providing “persuasion” where needed.
- Pocket knife – for cutting rope and twine, stripping wire insulation, or just whittling if you're so inclined.
- Wire cutters – for cutting electrical wire, or turning metal coat hangers into marshmallow skewers.
- Small tape measure – for determining how much ground clearance you'll have while trying to get over that boulder embedded in the road.

- Mini hacksaw – for cutting away twisted bolts, damaged metal work, thicker plastics...anything where a knife won't work.
- Folding tree saw – for cutting trees that have fallen across the only road out and you can't back up.

3 Things to Keep Stuff Together:

While glue won't mend a broken heart, it'll fix lots of other things and can keep a situation from going from bad to worse.

- Glue – for high strength repairs of most anything.
- Zip ties – for bundling bits and bobs and keeping them out of the way.
- Duct tape – for a universal fix-it that's good for practically any repair.

5 Things to Help Keep the Lights On:

Nothing is more aggravating than trailer lights blinking on and off on their own. Or having a police officer pull you over because a brake light is out. That's why having a few select electrical items in your well-equipped traveling toolbox can be unbelievably handy.

- Electrical tape – for preventing sparks and keeping fuses from blowing.
- Spare fuses in various amperage ratings – for replacing blown fuses on your power panel.
- Spare bulbs for brake, turn and running lights – for saving you from a traffic violation or worse.
- Head-mounted LED flashlight – for working in the dark where you need both hands free.
- Multi-meter – for identifying electrical problems.

9 Tire Changing Tools:

- Roadside Triangles – for being seen if you have to change a tire on the side of the road. Get at least three of the DOT approved ones.
- Reflective safety vest – for being seen if you have to change a tire on the side of the road.
- Wheel chocks – for keeping the vehicle from rolling when you don't want it to.
- Trailer aid – for an easier way to lift a trailer for changing a tire.

(Continued on page 24)

(Continued from page 23)

- Lug wrench – for changing a tire.
- Can of Fix a Flat – for a temporary tire fix until you can get into a repair shop.
- Gloves – for keeping your hands in one piece while you're making repairs
- Tire pressure gauge – for making sure your tires are ready to roll.
- Portable air compressor – for inflating a flat the easy way.
- Multi Tool – for solving a million and one everyday problems.
- Permanent Maker – for marking your things, and keeping track of which wire is which.
- Communications Device other than cell phone – for getting help when there's no bars on the phone.

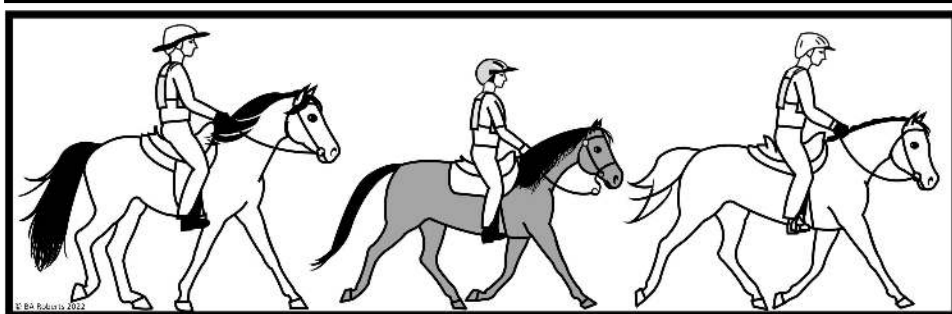
My goal with all of these items is to be able to make a temporary fix to get me home if something were to break and have a reliable way to call

for help if I cannot make the appropriate repairs.

So there you have it...the ultimate basic emergency toolkit. 34 must-have vacation savers, and they all fit in a standard tool bag.

As always, for more practical information on trail riding and camping with equines, give the TrailMeister a visit at www.TrailMeister.com. The site is also the world's largest guide to horse trails and equine camps. The article on the website gives links for purchasing each item on the list.

3 Miscellaneous Items I Won't Go Without:



Trail Tip - Following Too Close

Don't Crowd –

Keep at least one horse-length between you and the rider in front of you. As a minimum gauge, you should be able to see hocks of the equine in front.

In the Heart of Davy Crockett National Forest

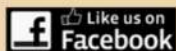
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NATRC National BOD Minutes July 16, 2022

via Zoom Webinar

CALL TO ORDER by President John Zelif, 9:04 a.m. July 16, 2022.

ROLL CALL. Donna Stidolph, R1 Alternate, Jamie Dieterich, Bob Insko, Lory Walls, Cathy Cumberworth, Bill Wingle, Kim Murphy, Cara Liebman, R4 Alternate, Esther Diaguila, Kris Gray, Marla Stucky, John Zelif and Sarah J. Smith, Executive Director. Guests Margaret Reynolds, Sanction Co-Chair Patsy Conner, and Honorary & Appreciation Chair Ruth Mesimer attended.

MINUTES. February 24, 2022. **Motion by Wingle, second by Murphy to approve the minutes. Motion carried.**

PRESIDENT'S REPORT. Zelif. Working to send out monthly updates to the membership to keep people up to date and engaged. Mileage challenge goal was 50 entrants, and once that was reached the goal became 75, and that was also reached. Hoping to hit 100. Social media is active, and he is recycling the memes now. We still need a *Hoof Print* volunteer.

EXECUTIVE DIRECTOR'S REPORT. Smith. Membership is still down. Despite the initial surge and early member drive, the momentum didn't continue. 176 new free members have joined for 2022. Smith is encouraging more outreach for those who did not renew from 2021.

TREASURER'S REPORT. Gray. Member revenue up early but has plateaued. Rider fees are steady this year since rides are happening but they aren't up. Feels like we are in a decent position financially for mid-year.

BY-LAWS & RULES. Wingle.

RP1 – Change the end of the ride year. **Motion to approve by Walls, second by Wingle. Motion carried.**

RP2 – Combine division weight classes into adult classes (temporary one-year action). Wingle shared class comparison data for reference. **Motion to approve by Walls, second by Wingle. Wingle, Stidolph, Insko, Cumberworth, Liebman, Stucky and Walls in favor. Dieterich, Murphy, Gray and Diaguila opposed. Motion carried.**

RP3 – Novice and Leisure Adult Eligibility Consistency. **Motion by Walls to approve, second by Wingle. Motion carried.**

RP4A – Lower the age of all junior competitors in any division to age 8. **Motion by Murphy to approve, second by Wingle. Wingle, Cumberworth, Murphy, Liebman, Gray, Diaguila, and Stucky in favor. Dieterich, Stidolph, Insko and Walls opposed. Motion carried.**

RP4B – Lower Age of Leisure Junior Competitors. Adjustment of language under Section D, Eligibility of Riders. **Proposal invalidated due to RP4A passing.**

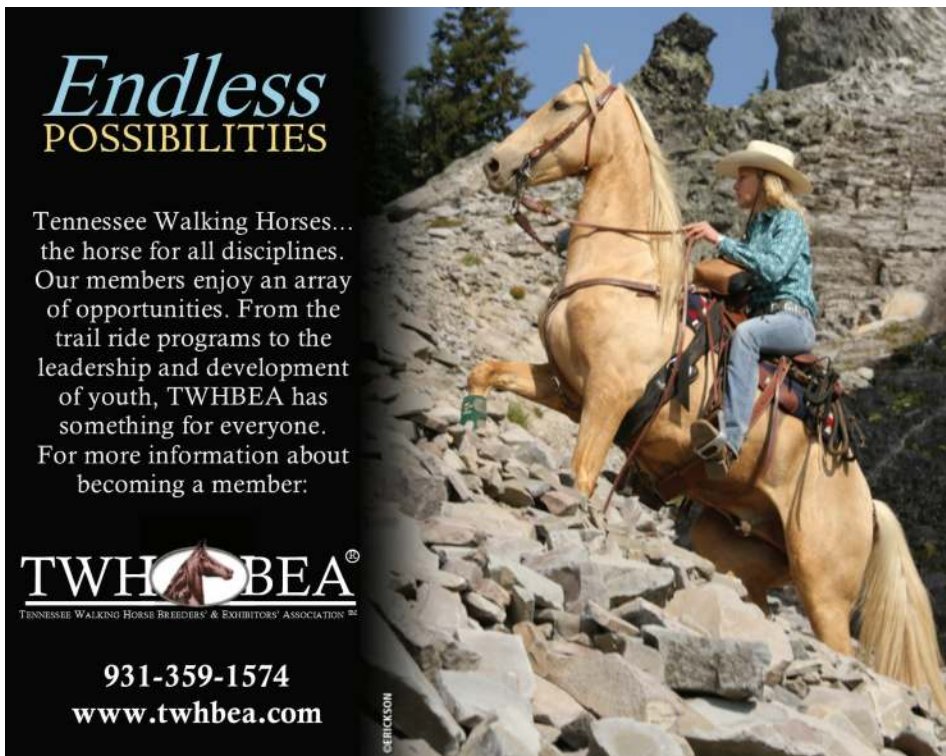
RP6 – Junior Competitors Supervision. **Motion by Gray to approve, second by Stucky. Stidolph opposed. Motion carried.**

RP8 – Sanction Language. **Motion by Walls to approve, second by Wingle. Motion carried.**

POLICIES & PROCEDURES.

Dieterich. One action item regarding ride sanctions after confusion at a recent ride. Suggested language for handling the changing of an A ride to a B ride if a B ride has already been scored and placed in the same weekend. Wingle had concerns about the sanction chair needing to approve changes during the ride. **Motion to approve by Dieterich, second by Walls. Dieterich, Walls, Stidolph, Murphy, and Liebman voted in favor. Wingle, Insko, Cumberworth, Gray, Diaguila and Stucky opposed. Motion failed.** Dieterich will take it back to the committee for revision and requested suggested language from the board.

SPECIAL PRESENTATION. Margaret Reynolds. Video presentation shared from American Horse Council meeting. Reynolds asked how much of our board agenda is spent on critical areas that will actually benefit the organization? We need to look to the future. Juniors, alliances with other organizations, *(Continued on page 26)*



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(Continued from page 25)

adjusting perceptions around NATRC, encouraging new members, hearing the voice of new members, supporting rides and ride management and improving our technology are important considerations. Zeliff gave the board an assignment using the 2018 task force PowerPoint to identify three significant things for the board to focus on that they believe would have the most impact on the future of NATRC.

PROTEST. Stucky. Report submitted. There was one protest from the first ride in Region 6, Tally Ho. It was decided there were no rules broken.

PLANNED AND CHARITABLE GIVING. Swiss and Cowart. No report.

NATIONAL HISTORIAN. Conner. Report filed. Historical photos are being shared to *Hoof Print*. Conner has stacks of old sanction summaries; it was decided they can be disposed of.

RIDE SANCTIONS. Conner. Issues with managers opening ride types in RMS for registration that are not sanctioned. Managers can request to add divisions and types and that can be added fairly quickly, but it does have to be approved by the sanction chairs.

CLINIC SANCTIONS. Linda Clayton. Report filed. Clinics in R1 and R6 noted.

RIDE MANAGEMENT. Swiss and Diaguila. No report.

RULES INTERPRETER. Wingle. 28 completed rides so far this year. A few accidents with most being minor. A couple of people went to the hospital, but no significant injuries were reported. There were some mapping issues reported. Hold times reported, mostly due to rider bunching. RI's are getting better about submitting maps with their reports.

MARKETING/PUBLICITY/E-NEWS. Murphy/Gray. Murphy has sent 22 E-News announcements since the last meeting. 2,556 subscribers now. Gray stated we are still not doing any paid advertising but utilizing free social media. Gray encouraged if regions are using FB events for their rides to make

NATRC a co-host because it helps with visibility and shared marketing.

VIRTUAL CHALLENGES. Zeliff/Murphy. It is not too late to take advantage of the mileage challenge. Murphy stated the first obstacle set just closed with 34 participants. The second set is now open and is an all in-hand challenge set.

SPONSORSHIPS. Vacant. Zeliff has two names of people interested in possibly taking on sponsorships. We could use more potential suggestions because we need to get this program back on track.

HOOF PRINT ADVISORY. Dieterich and Muench. *Hoof Print* was a little late. Dieterich would like to have someone from each region to submit regional information and articles.

JUNIORS. Meroshnekoff. No report.

FOUNDATION. Conner. No changes.

NATIONAL DRUG TESTING. Murphy. Nothing to report; pushing for end of the season testing.

VETERINARY DRUG COMMITTEE. Dr. Tamara Gull. No report.

TRAIL ADVOCACY AND GRANTS. Insko. Nothing at this time.

EDUCATION. Dieterich. Ruth Mesimer has been reviewing and scanning in scorecards. We are seeing a lot of math and scoring inconsistencies on scorecards. Having faster access to the scorecards and raising questions to the judges quicker has been a big help.

MEMBERSHIP. Zeliff. Putting a lot of information out to this committee to try to boost membership in each region. The information he recently shared was published in *Hoof Print*.

JUDGES COMMITTEE. Walls. Two LeD applicants have completed the LeD apprenticeship process, and the Judges Committee recommends approval. **Motion by Walls to approve Sara Baldwin and Sherrie Bray as LeD Judges, second by Wingle. Motion carried.**

HALL OF FAME. Smith. No applicants.

STUDENT LOAN/SCHOLARSHIPS. Marilyn Marston. No applicants.

BREED & ORGANIZATION LIASONS. Stucky. Nothing new to report.

A.H.A. Insko. Nothing to report other than having an in-person meeting.

HONORARY & APPRECIATION. Mesimer. Report filed. Make sure to submit nominations by the deadline. No extensions. (Continued on page 27)

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(Continued from page 26)

TECHNOLOGY/WEBSITE. Smith. There has been some positive progress on the data and tech side. Andrea Rogers is building a new Excel system for tracking rides and points data to make mid-year and year end results tabulations much simpler and allow us to work in the system simultaneously.

WEBINARS. Wingle. Smith did a good job on the first webinar.

CONVENTION & NATIONAL AWARDS. Convention 2023 will be in Sacramento.

REGIONAL REPORTS. R1. Dieterich—the region is struggling for riders. They are pretty healthy financially, so rather than having the manager bear the cost of the ride, the region will. R2. Insko – ride coming up Labor Day weekend

and then two others in the fall. R3. Wingle – decent rides and entries. Several rides planned for the fall. The region won't be sponsoring the rides, but the region is putting together a grant to help managers mitigate a loss. R4. Murphy – 4 rides so far with 5 fall rides scheduled. Two new ride locations. R5. Diaguila – healthy ride schedule, 5 rides so far with 5 more scheduled. H Cooper Black was dually sanctioned with AERC and Ride and Tie. R6. Stucky – several rides and clinics. LeD rides have been more successful than the A rides.

SHARED BOARD. NA

OLD BUSINESS.

1. Judging Consistency Task Force – the scorecard pilot project will be restarted for

2023, but it will take wide-spread education and visibility.

NEW BUSINESS.

1. Special Presentation. Margaret Reynolds.
2. 2023 Rule Change Proposals. See above.
3. Enhanced Sponsorship with Distance Depot. Items with our logo embroidered; 10% to NA-TRC.
4. 2022 NATRC Raffle. 1st prize - Afghan; 2nd prize - jacket; 3rd – 25 winners for (2) \$10 RW gift cards.

Next monthly meeting will be September 6, 2022 @ 6:30 p.m. **Meeting adjourned.**

2023 RULE CHANGES – Approved July 16, 2022

#1: CHANGE THE END OF THE RIDE YEAR

SECTION 2 - SANCTIONED RIDES AND CLINICS

- A. Rides
 1. Sanctioning
 - d. Ride year **ends the last Sunday in November.**

SECTION 9 – AWARDS

- B. Annual Awards
 1. General
 - e. Ride year **ends the last Sunday in November.**

#2: COMBINE DIVISION WEIGHT CLASSES INTO ADULT CLASS

(A TEMPORARY ONE-YEAR ACTION)

SECTION 4 – DIVISIONS, CLASSES, AND ELIGIBILITY

- A. Divisions
 1. Open
 - d. Classes
 - (1) This division will offer **Adult** and Junior Classes in horse as defined in Section 4 B.
 2. Novice
 - d. Classes
 - (1) This division will offer **Adult** and Junior Classes in horse as defined in Section 4 B.
 3. Competitive Pleasure
 - d. Classes
 - (1) This division will offer **Adult** and Junior Classes in horse as defined in Section 4 B.
- B. Classes
 1. **The Heavyweight and Lightweight classes are combined into an Adult class on a temporary basis for the 2023 ride year and will revert to 2022 rules unless extended by the National Board of Directors.**
 2. **Riders 18 or older at the beginning of the ride year must compete in the Adult class.**

(Continued on page 28)

Attention!

Ride secretaries and judges. The front of the 2023 horse scorecard is the same as 2022. Because there are no weight classes next year, **NON-juniors will automatically be in the Adult Class.** Just make one circle around Hwt Lwt.



(Continued from page 27)

- 3. Junior
 - b. Juniors may compete in Open, Competitive Pleasure or Novice Division **Adult** Classes. **Juniors may compete in Leisure Division Adult or Experienced Classes.**

SECTION 9 – AWARDS

- A. Ride Awards
 - 1. A sanctioned ride having an Open, Competitive Pleasure and Novice Division will offer **Adult** and Junior Classes in horse and horsemanship.
- B. Annual Awards
 - 2. National Awards
 - i. NATIONAL CHAMPIONSHIP: In the Open Division **Adult** Class, a horse shall be declared a National Champion when all the following requirements are met within the first 16 rides officially started in the same year.
 - k. COMPETITIVE PLEASURE NATIONAL CHAMPIONSHIP: In the Competitive Pleasure Division **Adult** and Junior Classes, a horse shall be declared a National Champion when all the following requirements are met within the first 12 rides officially started in the same year.
 - l. HIGH POINT OPEN HORSE: Points shall be credited to horses for the purpose of determining annual high point awards in each Open Class, (i.e., **Adult**, Junior), first through sixth place.
 - m. HIGH POINT OPEN HORSEMANSHIP: Points shall be credited to riders for the purpose of determining annual high point awards in each Class, (i.e., **Adult**, Junior), first through sixth place.
 - n. HIGH POINT COMPETITIVE PLEASURE HORSE: Points shall be credited to horses for the purpose of determining annual high point awards in each Competitive Pleasure Class (i.e., **Adult**, Junior), first through sixth place. Only the first 12 rides officially started will count.
 - o. HIGH POINT COMPETITIVE PLEASURE HORSEMANSHIP: Points shall be credited to riders for the purpose of determining annual high point awards in each Competitive Pleasure Class (i.e., **Adult**, Junior), first through sixth place.
 - q. HIGH POINT NOVICE HORSE: Points shall be credited to horses for the purpose of determining annual high point awards in each Novice Class (i.e., **Adult**, Junior), first through sixth place.
 - r. HIGH POINT NOVICE HORSEMANSHIP: Points shall be credited to riders for the purpose of determining annual high point awards in each Novice Class (i.e., **Adult**, Junior), first through sixth place.

SECTION 10 – REGION 1A AWARDS

- B. Annual/Year-end Awards
 - 2. National Awards
 - a. National Championship: In the Open Division in **Adult** and Junior Classes, a horse shall be declared a National Champion when both of the following requirements are met within any consecutive three-year period in which rides are held.
 - (1) Awarded one first place.
 - (2) Accumulated 36 points.
 - b) If the rider is no longer age-eligible, points earned as a Junior during the applicable 3-year period can be applied to the new **Adult** class.
 - b. National Championship: In the Competitive Pleasure Division **Adult** and Junior Classes, a horse shall be declared a National Champion when both of the following requirements are met within any consecutive three-year period in which rides are held.
 - (2) Accumulated 36 points.
 - b) If the rider is no longer age-eligible, points acquired as a Junior during the applicable 3-year period can be applied to the new **Adult** class.

#3: CONSISTENCY IN LIMITATIONS FOR NOVICE DIVISION AND LEISURE ADULT CLASS

SECTION 4 - DIVISIONS, CLASSES, AND ELIGIBILITY

- A. Divisions
 - 2. Novice
 - e. Limitations
 - (1) Any horse and adult rider combination having earned 250 points, lifetime accumulation, in horse (regardless of class in Open, Competitive Pleasure, **and** Novice) **or in Leisure Team**, shall not compete for awards in Novice Horse Division.
 - (2) Any horse and junior rider combination having earned 250 points, lifetime accumulation, in horse (regardless of class in Open, Competitive Pleasure, **and** Novice) **or in Leisure Team**, and rider having reached age of 14 shall not compete for awards in Novice Horse Division.
 - (3) Any adult rider having earned 250 points, lifetime accumulation, in horsemanship (regardless of horse, or class in Open, Competitive Pleasure **and** Novice) **or in Leisure Team**, shall not compete for awards in Novice Horsemanship Division.
 - (4) Any junior rider having earned 250 points, lifetime accumulation, in horsemanship (regardless of horse, or class in Open, Competitive Pleasure **and** Novice) **or in Leisure Team**, and having reached the age of 14 shall not compete for awards in Novice Horsemanship Division.
 - (5) Horse and rider combinations having won a National Championship or placed 3rd or higher in the NATRC annual high (Continued on page 29)

Rule Change Standing Schedule	
NBOD Meeting	Activity
Prior to November	Accept submitted rule changes
November	<ul style="list-style-type: none"> • Decide changes to carry forward • Publish for comment - <i>Hoof Print</i> and website
February/March	<ul style="list-style-type: none"> • Finalize wording • Publish for comment - <i>Hoof Print</i> and website
July	Vote on changes
After July	Update Rule Book

(Continued from page 28)

point awards (excluding regional awards) in any class in Open or Competitive Pleasure in any previous year are ineligible to compete in the Novice Division.

(6) No accredited **past or present** NATRC horsemanship, veterinary or **leisure** judge shall compete for horse or horsemanship awards in the Novice Division.

4. Leisure

e. Classes

(1) This division will offer Experienced, Adult and Junior Classes as defined in Section 4 B, with the exception that Experienced teams are defined as:

(a) Any **past or present** NATRC judge (veterinary, horsemanship, leisure).

(c) **Horse and rider combinations having won a National Championship or placed 3rd or higher in the NATRC annual high point awards (excluding regional awards) in any class in Open or Competitive Pleasure in any previous year.**

(d) **Any NATRC rider having attained 1,500 miles in competition or having won one or more National Championships, President's Cup, Jim Menefee Combined Horse and Horsemanship, Bev Tibbitts Grand Champion High Average Horse, or Polly Bridges High Average Horsemanship in any class in any previous year.**

#4a: LOWER AGE OF ALL JUNIOR COMPETITORS

And #5: JUNIOR COMPETITORS SUPERVISION

SECTION 4 – DIVISIONS, CLASSES AND ELIGIBILITY

B. Classes

3. Junior

a. Age **8** through 17. The rider must be **8** years old to enter competition; thereafter the age of a junior shall be determined by whatever their age is as of the beginning of the ride year, and this age shall continue throughout that ride year. **Riders must be able to care for their horse with minimal assistance. Riders 12 and under must ride with an adult sponsor or a junior sponsor, 13 or older with more than 250 NATRC miles, with a limit of two per sponsor. The sponsor must also be a registered participant in an appropriate division. If the sponsor cannot continue, a sponsor on trail can be substituted with another appropriate competitor or DO rider.**

b. Juniors may compete in Open, Competitive Pleasure or Novice Division **Adult** Classes. **Juniors may compete in Leisure Division Adult or Experienced Classes.**

D. Eligibility of Riders

1. All persons **of minimum competitive age** or older are eligible to compete in NATRC, except:

#6: SANCTION LANGUAGE

SECTION 2 – SANCTIONED RIDES AND CLINICS

A. Rides:

1. Sanctioning

f. Rule violations may cause loss of **placings, points, and mileage** to the competitors.

g. Failure to comply with established NATRC sanctioning guidelines **up to 14 days prior to the ride date may cause denial or revocation of sanction. Further failure to comply with sanctioning guidelines or rules will cause a review of the ride by the sanction chair, executive committee, and representative from the judges committee. The review committee will render a judgement on allowing placings, points, and mileage.**



“Our best marketing tool is one on one.”

~ Jamie Dieterich

Reminder

Please submit proposed rule changes for the 2024 ride year to your region's national board representative by **October 15, 2022**. Please submit in the format as it would appear in the Rule Book, including the appropriate section number(s).

**“Safe, Fun, Challenging -
Come Ride With Us!”**

Ride Results

How to read these results:

Ride Type: AA=3 day, A=2 day, B1=1 day Sat, B2=1 day Sun / 1st # = Horse's Placing / 2nd # = Rider's Placing / LeD Team Placing
 SW = Div. Sweepstakes Horse / Score / CO = Completion Only / P = Pulled / DO = Distance Only / DQ = Disqualified
 The official record source for ride results is the NATRC national office. Results published here may be subject to audit.

Region 1

Cowboy Camp A

5/21-22/22 Region 1 CA Total Riders: 3

Chair: Maria Pilgrim

Judges: Vet - Kay Gunckel; Hsp - Lory Walls

Competitive Pleasure Heavyweight

1 / 1 SW - 98 FV AUR Silver / Stamper, Dannan

Novice Heavyweight

P / P Morgan 3 / Shen, Robin

Novice Lightweight

1 / 1 SW - 79.5 FV AUR Asad / Mielke, Daniela

Cowboy Camp B1

5/21/22 Region 1 CA Total Riders: 15

Chair: Maria Pilgrim

Judges: Vet - Kay Gunckel; Hsp - Lory Walls; LeD - Jim Ferris

Competitive Pleasure Lightweight

1 / 1 Desert Reinbeau / Meroshnekoff, Angie

2 / 2 HRA Mazerati / Swain, Stephanie

Competitive Pleasure Junior

1 / 1 SW - 99 Wind River Rose / Monlux, Anais

2 / 2 Thishobbytookmyassets / Kelly, Chesney

Novice Heavyweight

1 / 1 Lightning's Mountainfrost / Braitto, Whitney

Novice Lightweight

1 / 2 SW - 100 Khlassic Khrome / Kumar, Sheila

2 / 1 Dorothy / Hansen, Ember

Novice Junior

1 / 1 ROL Born to Dance / Powis, Regan

Leisure Adult

1 Apollo / Lauterbach, Kay

Leisure Experienced

DO Kamiko / Lieberknecht, Kay

Leisure Junior

1 Denebaborr / Muller, Samantha

2 Valentyne / Doering, Rebekah

3 CJ / Geimer, Cassidy

4 Lucky Eddie / Egerer, Lorelei

5 Mogley / Cudney, Rebecca

Region 2

Spring Fling B1

4/23/22 Region 2 CA Total Riders: 16

Chair: Margie Insko

Judge: LeD - Sherrie Bray

Leisure Adult

1 Springlake Maximus / Hinkle, Jennifer

2 Boo 2 / Young, Gail

3 Seneka / Hunter, Erika

4 HL Devils Tinky Jinx / Grutz, Karin

5 JoJo 2 / Keyes, Dee

6 Cash 5 / Morofski, Johanna

DO Denali 2 / Boraz, Katharine

Sahar Shabnam / Szamosi, Almut

Gus 7 / Hunter, Shane

Wildfire 3 / Shannon, Jenette

Jamie 2 / Kane, Mindy

Ginger's Riely / Kofron, Kendra

Allegria de los Cielos / Deerinck, Alessandra

Leisure Experienced

1 Milagro Ghost Dancer / Pavia, Audrey

2 Ready Jett Go! / Gallison, Carrie

Leisure Junior

1 Aria de los Cielos / Mansour, Isabella

Spring Fling B2

4/24/22 Region 2 CA Total Riders: 4

Chair: Margie Insko

Judge: LeD - Sherrie Bray

Leisure Adult

1 JoJo 2 / Keyes, Dee

2 Allegria de los Cielos / Deerinck, Alessandra

3 Aria de los Cielos / Mitchell, John

DO Eli 4 / London, Rebecca

Region 3

Navajo Lake A

5/7-8/22 Region 3 NM Total Riders: 13

Chair: Bill Cumberworth

Judges: Vet - Amy Mason; Hsp - Jerry Sims

Open Heavyweight

1 / 1 SW - 93 Rohara Hasanni / Muench, Gayle

Open Lightweight

1 / 1 Echo Affirmed / Jarrett, Cheryl

Competitive Pleasure Heavyweight

1 / 2 Cheri's Gypsy Traveler / Westmoreland, Cheri

2 / 1 Copper's Comet / Cumberworth, Cathy

Competitive Pleasure Lightweight

1 / 3 SW - 98 Sugar Daddie / Smith, Terri

2 / 1 Okie Proud / Beyerle, Tammy

3 / 2 Hershey 5 / Adair, Amelia

4 / 4 MacaRoaniReina / Anderson, Jordan

5 / 5 Dino 2 / Hager, Scarlett

6 / 6 I've Been Framed / Moore, Cathy

Novice Heavyweight

1 / 2 The Rusty / Wommer, Nikki

2 / 1 Mr. Cool / Edwards, Ashley

Novice Lightweight

1 / 1 SW - 95 SA Jabari / Poust, Jessica

Navajo Lake B1

5/7/22 Region 3 NM Total Riders: 9

Chair: Bill Cumberworth

Judges: Vet - Amy Mason; Hsp - Jerry Sims

Competitive Pleasure Heavyweight

DO/DO A Goodtime Cowboy Casanova / Daney, Devon

Competitive Pleasure Lightweight

1 / 3 SW - 97 Cash's Brenda June / Carter, Rose

2 / 2 Brio 2 / Kelly, Robin

3 / 1 Playboys Reno Velvet / Wickes, Emily

Novice Heavyweight

1 / 1 Fickering Glory Yankee / Wickes, Lori

2 / 2 LS Silver Lining / Hardy, Rainy

Novice Lightweight

1 / 1 SW - 97 Playboy's Lady Ann CC / Stanifer, Molly

2 / 3 Jack 9 / Kileen, Jessie

3 / 2 Chili 3 / Eckert, Lisa

Greenland Open Space B1

6/4/22 Region 3 CO Total Riders: 24

Chair: Bill Wingle

Judge: LeD - Diane Wingle

Leisure Adult

1 Azizah / Rice, Azure

2 Cochise 2 / Mastor, Page

3 Docs Crown Whiskey / Dean, Amy

4 Cherry / Edwards, Nia

5 Midnight 3 / Blake, Michelle

6 Chipeta / Beucler, Jean

Alen's Boys Knight Out / Matula, Amanda

Saphira / Sullivan, Carolyn

Sharona / Kluppel, Terri

Silver Cross Bravo / Montgomery, Patrick

Pounamu / Beucler, Anna

Sassy Rudoff Valentino / Pangburn, Alexandria

Sierra 11 / Cline, Kimberly

Jabbar Hafeed Mreekh / Mahoney, Jennifer

Lucietta / Nemitz, Kerstin

Moonshine Blues / Schoenecker, Kevin

RoShamBo / Cooper, Leigh

Concho 2 / Wayne, Lori

P Dodger 3 / Wolf, Kathy

Leisure Experienced

1 Takoda Aussie's Sun / Walls, Sharyl

2 Talk Til Midnight / Gunckel, Kay

3 Jobeblue / Conne, Linda

4 Lil Miss Daisy Mae / Halterman, Susan

Leisure Junior

1 Little Joe 3 / Belyaev, Yulia

Greenland Open Space B2

6/5/22 Region 3 CO Total Riders: 13

Chair: Bill Wingle

Judge: LeD - Diane Wingle

Leisure Adult

1 Silver Cross Bravo / Montgomery, Patrick

2 Cochise 2 / Mastor, Page

3 Alen's Boys Knight Out / Martens, Pamela

4 Azizah / Rice, Azure

5 Asparagus / Bach, Jann

6 Skipping Array / Mason, Amy

Lightning McQueen / Johnson, Amanda

Leisure Experienced

1 Copper Touch / Morgan, Dayna

2 Lil Miss Daisy Mae / Halterman, Susan

3 Talk Til Midnight / Gunckel, Kay

4 Takoda Aussie's Sun / Walls, Sharyl

5 SS Kharady Khid / Galchutt, Pamela

6 Norma Jean / Marquardt, Diana

RIDERS

Does your breed association sponsor a year end high point breed award?

No? Well then ...

Ask them to sponsor one and to contact Sarah J. Smith at natrc@natrc.org to arrange it!

Region 5

Spring in Dixie A

4/9/22 Region 5 AL Total Riders: 26

Chair: Patty Lucas

Judges: Vet - Stephanie Ostrowski; Hsp - Wayne Tolbert

Open Heavyweight

1 / 1 SW - 100 Windstorm Clay / Mitchell, Tommy

2 / 2 Rohara Hasanni / Muench, Gayle

3 / 3 Jiminy Cricket / Mulligan, Jennifer

P / P Flicka's Rose / Stroh, John

Open Lightweight

1 / 1 Beau 11 / Ganes, Sherry

P / P Johnnie's Chrome / Sweeny, Stephanie

Competitive Pleasure Heavyweight

1 / 2 SW - 100 Okies Roanwood 10 / Fields, Bobby

2 / 1 By the Grace of God / Whitehead, Victoria

3 / 3 Wishbone Two Eyed Jak / Barclay, Kathryn

4 / 4 Mntop Never Say Never / Howard, Marsha

Competitive Pleasure Lightweight

1 / 2 Om El Bastian / Riley, Leigh

2 / 1 Mick Jagger / Patisaul, Sierra

3 / 4 Danamyte / Diaguila, Esther

4 / 3 Impressive Red Rebel / Riley, Paula

5 / 5 Hollywood / DeRosa, Charmaine

P / P Kodak's Breezy Girl / Woodall, Courtney

Novice Heavyweight

1 / 1 McCurdys Hollywood / Wiggins, Kathi

2 / 2 Jada Angel / Feist, Lael

3 / 4 Code Red / Surdel, Therese

4 / 3 StarLight's Macksimum Flex / Fuller, Nancy

Novice Lightweight

1 / 1 SW - 97 Dec Docs Curious Pep / McCollum, Donya

2 / 3 Oz 2 / Hays, Sara

3 / 2 Shez A Tiger Lily / Anderson, Tina

4 / 5 Rio 10 / McCarty, Karen

5 / 4 RuthAnne / Camp, Margaret

Novice Junior

P / P Rocky 14 / McCollum, Asheton

Spring in Dixie B1

4/9/22 Region 5 AL Total Riders: 9

Chair: Patty Lucas

Judges: Vet - Stephanie Ostrowski; Hsp - Wayne Tolbert

Competitive Pleasure Lightweight

1 / 1 SW - 96 Dotty / Galbraith, Linda

Novice Heavyweight

1 / 1 Celestial's Wings of Destiny / Hendrikse, Mark

P / P Johnny Reno / Wolf, Teresa

Novice Lightweight

1 / 3 SW - 96 Fire Dancer / Ellenburg, Beth

2 / 1 Taz 3 / Henson, Lisa

3 / 2 Romeo 4 / Smith, Andrea 2

Novice Junior

1 / 1 Timber Jac Joe / Lawrence, Anna

2 / 3 Indigo / Bowker, Jade

3 / 2 Celestial's Magnolia Dreams / Wix, Amberlynn

Alabama Trail Scamper A

5/21-22/22 Region 5 AL Total Riders: 18

Chair: Marsha Howard

Judges: Vet - Linda Galbraith; Hsp - Wayne Tolbert

Open Heavyweight

1 / 1 SW - 98 Windstorm Clay / Mitchell, Tommy

2 / 2 Rohara Hasanni / Muench, Gayle

P / P Jiminy Cricket / Mulligan, Jennifer

Open Lightweight

1 / 1 Beau 11 / Ganes, Sherry

Competitive Pleasure Heavyweight

1 / 3 Okies Roanwood 10 / Fields, Bobby

2 / 2 Graceful Empire / Whitehead, Victoria

3 / 1 Wishbone Two Eyed Jak / Barclay, Kathryn

Competitive Pleasure Lightweight

1 / 2 SW - 96 Danamyte / Diaguila, Esther

2 / 1 Giacomo / Muench, Fran

3 / 4 Impressive Red Rebel / Riley, Paula

4 / 3 Papa's Alabama Express / Lucas, Patty

P / P MR Star Eyed San / Alonso, Heather

Novice Heavyweight

1 / 2 SW - 87 McCurdys Hollywood / Wiggins, Kathi

2 / 1 Jada Angel / Feist, Lael

3 / 3 Code Red / Surdel, Therese

Novice Lightweight

1 / 1 Dec Docs Curious Pep / McCollum, Donya

P / P Shez A Tiger Lily / Anderson, Tina

Novice Junior

P / P Rocky 14 / McCollum, Asheton

Alabama Trail Scamper B1

5/21/22 Region 5 AL Total Riders: 6

Chair: Marsha Howard

Judges: Vet - Linda Galbraith; Hsp - Wayne Tolbert

Competitive Pleasure Lightweight

P / P South of Easy / Petelle, Patricia

Novice Heavyweight

1 / 1 SW - 65 Kensington Palace / Eggeman, Brandy

oo/oo Celestial's Wings of Destiny / Hendrikse, Mark

P / P Johnny Reno / Wolf, Teresa

Novice Lightweight

oo/co Celestial's Dream Spirit / Banks, Sarah

P / P Kentucky / Ellison, Victoria

Virginia Highlands A

6/18-19/22 Region 5 VA Total Riders: 24

Chair: Nancy Sluys

Judges: Vet - Stephanie Ostrowski; Hsp - Kim Cowart

Open Heavyweight

1 / 2 SW - 98 Windstorm Clay / Mitchell, Tommy

2 / 1 Jiminy Cricket / Whitehead, Victoria

Competitive Pleasure Heavyweight

1 / 1 Okies Roanwood 10 / Fields, Bobby

2 / 4 Mntop Never Say Never / Howard, Marsha

3 / 2 Wishbone Two Eyed Jak / Barclay, Kathryn

4 / 3 Spirit of Spotted Alen / Keen, Cindy

Competitive Pleasure Lightweight

1 / 4 SW - 99 Impressive Red Rebel / Riley, Paula

2 / 3 Mick Jagger / Patisaul, Sierra

3 / 2 Papa's Alabama Express / Lucas, Patty

4 / 5 Maverick 3 / Lent, Mary

5 / 1 Stonewall Jackson / Lindberg, Angie

oo/do I'm Captain Morgan / Baldwin, Sara

P / P Merribelle Mist MHF / Dukes, Mary

Novice Heavyweight

1 / 1 Ravin / Sayers, Jennifer

oo/do Calypsos Crescent / Martin, Jameson

Novice Lightweight

1 / 2 SW - 97 Sheena / Goscha, Cathy

2 / 1 StarLight's Masterpiece / Rader, Mackie

3 / 5 Dec Docs Curious Pep / McCollum, Donya

4 / 4 Kanz At / Kula, Cheryl

5 / 6 Tymeless VF / Floyd, Kortnie

6 / 3 Shez A Tiger Lily / Anderson, Tina

8 / 8 LW An-La-Rosa Silk / Hearne, Shannan

Novice Junior

1 / 1 Timber Jac Joe / Lawrence, Anna

2 / 2 Red 12 / Kiers, Eliza

Virginia Highlands B1

6/18/22 Region 5 VA Total Riders: 2

Chair: Nancy Sluys

Judges: Vet - Stephanie Ostrowski; Hsp - Kim Cowart

Open Lightweight

1 / 1 SW - 98 SH Encantada / Stock, Verena

Novice Heavyweight

1 / 1 SW - 100 Kensington Palace / Eggeman, Brandy

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Region 6

Tally Ho A

4/9-10/22 Region 6 KS Total Riders: 13
 Chair: Mary Licata
 Judges: Vet - Lucy Hirsch; Hsp - Norma Newton

Open Heavyweight

1 / 1 SW - 89 L.L.Remington / Marston, Marilyn
 P / P King's Charley R.E. / Wech, Kris

Open Lightweight

1 / 1 VA Caradelle / Reynolds, Margaret
 P / P Magic Player / Wood, Mary Anna

Competitive Pleasure Heavyweight

1 / 1 Roho Honoy Mocha WH / Zeliff, John

2 / 2 DM's Sweet Chilly Pepper - SC / Wingle, Bill

Competitive Pleasure Lightweight

1 / 2 SW - 91.5 EZ Rocket WH / Stucky, Marla
 2 / 3 Kaique Rain / Cleveland, Trish
 3 / 1 The Missouri Reverend / Wingle, Diane

Novice Heavyweight

6 / 3 Benners Montana Rosebud / Landuyt, Julie
 P / P Annie Oakley / Houghton, Melvin

Novice Lightweight

1 / 3 SW - 75 Dolly 3 / Deselich, Rianna
 P / P Easy Wind Dancer / Coon, Laura

Tally Ho B2

4/10/22 Region 6 KS Total Riders: 4
 Chair: Mary Licata
 Judges: Vet - Lucy Hirsch; Hsp - Norma Newton

Open Lightweight

1 / 1 SW - 98.5 Allumination MCS / McCutchen, Lori
 2 / 2 Mardigras RA / Peticolas, Cynthia

Competitive Pleasure Lightweight

1 / 1 SW - 98.5 Rushcreek Frontier / Smith, Helen

Novice Lightweight

1 / 1 SW - 94.5 SDSU Winning Echo / Reid, Twyla

Kanopolis Canyon A

5/21-22/22 Region 6 KS Total Riders: 21
 Chair: Marilyn Marston
 Judges: Vet - Verona Chaffin; Hsp - Priscilla Lindsey

Open Heavyweight

1 / 1 King's Charley R.E. / Wech, Kris

Open Lightweight

1 / 1 SW - 99 TA Kaiser / Prusak, Deanne
 2 / 4 Rushcreek Frontier / Smith, Helen
 3 / 8 Envy My Fame / Brinck, Travis
 4 / 6 Allumination MCS / McCutchen, Lori
 5 / 2 RPH Ebony Diamond / Hicks, Patti
 6 / 3 VA Caradelle / Reynolds, Margaret
 8 / 5 Moon Shadow's Black Gold / Price, Alanna
 8 / 8 Mardigras RA / Peticolas, Cynthia

Competitive Pleasure Heavyweight

1 / 1 SW - 95 Roho Honoy Mocha WH / Zeliff, John
 2 / 2 Sparks on Blacktop / Shoenhair, Leon

Competitive Pleasure Lightweight

1 / 2 PVA Light Nthe Storm / Johansen, Kristen
 2 / 1 Breezy 2 / Lysinger, Patricia
 3 / 3 Goodness Gracious / Childs, Maggie
 P / P EZ Rocket WH / Stucky, Marla
 P / P Kaique Rain / Cleveland, Trish

Novice Heavyweight

P / P Benners Montana Rosebud / Landuyt, Julie
 P / P Annie Oakley / Houghton, Melvin

Novice Lightweight

1 / 3 SW - 98 Dolly 3 / Deselich, Rianna
 2 / 2 Daylight / Stecik, Eileen
 3 / 1 Diva 4 / Crites, Catherine

Kanopolis Canyon B1

5/21/22 Region 6 KS Total Riders: 6
 Chair: Marilyn Marston
 Judge: LeD - Debby Starr

Leisure Adult

1 Cowboy 6 / Smart, Debra
 2 Barbee / Bohling, Cheryl
 3 Xenara / Samo, Sila
 4 WMA Platinum / Kaye, Mary
 5 Shadow Mayhem / Samo, Sabriya

Leisure Experienced

1 Hungarian Jade / Wood, Mary Anna

Kanopolis Canyon B2

5/22/22 Region 6 KS Total Riders: 3
 Chair: Marilyn Marston
 Judge: LeD - Debby Starr

Leisure Adult

1 WMA Platinum / Kaye, Mary
 2 Annie Oakley / Landuyt, Julie

Leisure Experienced

1 Hungarian Jade / Wood, Mary Anna

Pony Express At

Rock Creek Station B1

6/11/22 Region 6 NE Total Riders: 9
 Chair: Helen Smith
 Judges: Vet - Tamara Gull; Hsp - Esther Diaguila; LeD - Debby Starr

Open Lightweight

1 / 1 SW - 97 VA Caradelle / Reynolds, Margaret

Novice Heavyweight

1 / 1 SW - 90 Cowboy 6 / Smart, Debra

Novice Lightweight

1 / 1 Rosharon Ashes / McNiff, Sandra

Leisure Adult

1 River Rose / Norton, Moni
 2 Sylvester / Frederick, Cheryl
 3 BlackHawk / Gautier, Vickie
 P Barbee / Bohling, Cheryl

Leisure Experienced

1 Focus Jessie / Smith, Sarah

Leisure Junior

1 Camilla PBJ / Rinne, Ruby

Pony Express At

Rock Creek Station B2

6/12/22 Region 6 NE Total Riders: 7
 Chair: Helen Smith
 Judges: Vet - Tamara Gull; Hsp - Esther Diaguila

Open Heavyweight

1 / 1 L.L.Remington / Marston, Marilyn

Open Lightweight

1 / 1 SW - 97.5 Allumination MCS / McCutchen, Lori

Competitive Pleasure Heavyweight

1 / 1 SW - 96 Roho Honoy Mocha WH / Zeliff, John

Competitive Pleasure Lightweight

1 / 1 Kaique Rain / Cleveland, Trish
 P / P PVA Light Nthe Storm / Johansen, Kristen

Novice Lightweight

1 / 1 SW - 96.5 OGR's Romeo / Record, Linda
 P / P Daylight / Stecik, Eileen

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Region 6, continued

Mozingo Lake B1

6/25/22 Region 6 MO Total Riders: 11

Chair: John Zeliff

Judge: LeD - Sarah J. Smith

Leisure Adult

- 1 Sylvester / Frederick, Cheryl
- 2 Fiddler 2 / Rasmussen, Kim
- 3 Xenara / Samo, Sila
- 4 WMA Platinum / Kaye, Mary
- 5 BlackHawk / Gautier, Vickie
- 6 Barbee / Bohling, Cheryl

Shadow Mayhem / Samo, Sabriya
 Rosharon Ashes / McNiff, Sandra

Leisure Experienced

- 1 Rushcreek Concho / Smith, Helen
- 2 BCW Vega / Chaffin, Verona

Leisure Junior

DO Camilla PBJ / Rinne, Ruby

Mozingo Lake B2

6/26/22 Region 6 MO Total Riders: 8

Chair: John Zeliff

Judge: LeD - Sarah J. Smith

Leisure Adult

- 1 Sylvester / Frederick, Cheryl
- 2 Fiddler 2 / Rasmussen, Kim
- 3 Barbee / Bohling, Cheryl
- 4 WMA Platinum / Kaye, Mary
- 5 BlackHawk / Gautier, Vickie

Leisure Experienced

- 1 Rushcreek Concho / Smith, Helen
- 2 How D Golden Gail / Wood, Mary Anna

Leisure Junior

DO Camilla PBJ / Rinne, Ruby

Pierce Creek LeD B1

7/9/22 Region 6 IA Total Riders: 17

Chair: Mary Fettes

Judge: LeD - Debby Starr

Leisure Adult

- 1 Sylvester / Frederick, Cheryl
 - 2 Johnny Ringo / Kennedy, Shaina
 - 3 Midge / Gast, Catherine
 - 4 Barbee / Bohling, Cheryl
 - 5 Lennox / Barrett, Holly
 - 6 Isaiah / Robinson, Deb
- Rio Bravo / McCall, Louise
 Xenara / Samo, Sila
 Shadow Mayhem / Samo, Sabriya
 Gypsy 12 / Carroll, Sheila

Ona / Anderson, Stacey
 River Rose / Norton, Moni
 Fiddler 2 / Gautier, Vickie

Leisure Experienced

- 1 Rushcreek Concho / Smith, Helen
- 2 How D Golden Gail / Zeliff, John
- 3 Silver Valley Tate / Hanson, Dwight

Leisure Junior

1 Dan 2 / Johnson, Audrina

Pierce Creek LeD B2

7/10/22 Region 6 IA Total Riders: 14

Chair: Mary Fettes

Judge: LeD - Debby Starr

Leisure Adult

1 Isaiah / Robinson, Deb

- 2 Lennox / Barrett, Holly
 - 3 Sylvester / Frederick, Cheryl
 - 4 Rio Bravo / McCall, Louise
 - 5 Barbee / Bohling, Cheryl
 - 6 Gypsy 12 / Carroll, Sheila
- Ace Cut Diamond / Braun, MaryAlice
 Chainbluelighting / Allen, Laura
 River Rose / Norton, Moni
 Fiddler 2 / Gautier, Vickie

Leisure Experienced

- 1 Rushcreek Concho / Smith, Helen
- 2 How D Golden Gail / Zeliff, John
- 3 Silver Valley Tate / Hanson, Dwight

Leisure Junior

1 Dan 2 / Johnson, Audrina

Jesse James Rideout B1

8/27/22 Region 6 MO Total Riders: 28

Chair: John Zeliff

Judges: Vet - Verona Chaffin; Hsp - Norma Newton;

LeD - Alice Perryman

Open Heavyweight

1 / 1 L.L.Remington / Marston, Marilyn

Open Lightweight

1 / 2 SW - 99 VA Caradelle / Reynolds, Margaret

2 / 1 Allumination MCS / McCutchen, Lori

3 / 5 Rushcreek Frontier / Smith, Helen

4 / 3 RPH Ebony Diamond / Hicks, Patti

5 / 4 Moon Shadow's Black Gold / Price, Alanna

Competitive Pleasure Heavyweight

P / P Sparks on Blacktop / Shoenhair, Leon

Competitive Pleasure Lightweight

1 / 1 SW - 99 PVA Light Nthe Storm / Johansen, Kristen

2 / 2 Cito Mocha Raton / Cleveland, Trish

3 / 3 Annie Oakley / Wood, Mary Anna

Novice Lightweight

1 / 1 SW - 97.5 OGR's Romeo / Record, Linda

3 / 2 WMA Platinum / Kaye, Mary

2 / 3 Dolly 3 / Deselich, Rianna

Leisure Adult

1 Midge / Gast, Catherine

2 Sylvester / Frederick, Cheryl

- 3 Cowboy 6 / Smart, Debra
 - 4 Domino 4 / Powers, Connor
 - 5 Just Sienna / Reese, Jessica
 - 6 Ona / Anderson, Stacey
- Lady's Bailey Brown / Bailey, Sharon
 Rio Bravo / McCall, Louise
 Nash 2 / Rothermich, Thomas
 In the Nick of Time / Nelson, Elizabeth
 King Flying X / Lutzkanin, Michele
 P Zip's Chocolate Urge / Stibbe, Darlene

Leisure Experienced

- 1 Little Ann / Klamm, Liz
- 2 Silver Valley Tate / Hanson, Dwight
- 3 RA Khontender / Sirridge, Althea

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natrc.org/partner-discounts








For Platinum Members Only

Wanted

Volunteer to compile and coordinate Hoof Print content quarterly

Filled

Helping you...
 • Planning and publishing
 • Inviting contributors
 • Meeting deadlines
 • Working with others
 • Presenting in:
 MS Word, proof reading, email

Contact: Jamie Dieterich, jamiel.dieterich@gmail.com, for details.



MEMBERSHIP FORM – Renew, Join or Buy Items online at www.natrc.org or use this form.

Memberships run January 1 - December 31. We offer a Platinum Upgrade to our adult and family plans, which adds personal excess liability coverage with a \$1,000,000 policy limit.

FIRST YEAR FREE FOR BRAND NEW COMPETING MEMBERS!

PLANS

Membership Plans, Eligibility, Benefits and Fees

Plan Name	Competing*			Non-Competing	
	Adult	Family	Junior	Supporting	Fan
Fee	\$75	\$125	\$25	\$50	\$35
Eligibility					
Single adult age 18 or over	X			X	X
Household		♦			
Single child age 10 through 17			X		X
Benefits					
Voting privileges	1	2		1	
Reduced ride entry fees	X	X	X		
Ride awards eligibility	X	X	X	♦♦	♦♦
Volunteer awards eligibility	X	X	X	X	X
Lifetime mileage tracking	X	X	X		
Mileage awards	X	X	X	♦♦♦	♦♦♦
Participation in virtual challenges	X	X	X	X	X
National year-end awards eligibility	X	X	X	♦♦♦	♦♦♦
Regional year-end awards eligibility	X	X	X	♦♦♦	♦♦♦
Sponsor discounts	X	X	X	X	
Can purchase excess liability ins.	X	X		X	
Electronic <i>Hoof Print</i> and E-News	X	X	X	X	X
Region membership* and newsletter	X	X	X	X	X
Exclusive access to updated Rider's Manual	X	X	X	X	X
CHECK PLAN DESIRED	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Annual Platinum Upgrade: (Optional)
Not included with free memberships

Platinum members receive insurance benefits through Association Resource Group-ARG. They receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC™ (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability and business exposures are excluded.

Adult \$20/yr
Family \$40/yr
Supporting ... \$20/yr
No Upgrade .. \$0/yr

* To earn points in more than one region, each secondary membership fee is 50% of primary fee. Indicate region(s) _____.

♦ Adult(s) & children under age 18 as of Jan 1.

♦♦ Eligible for ride awards only if non-member ride fee paid.

♦♦♦ May upgrade to competing member for year-end and mileage award eligibility before the end of the *ride* year.

Download your free Rule Book from www.natrc.org. To request a print copy, check here .

\$ TOTAL ENCLOSED _____

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) _____

Jr(s) Birthdates _____

Street _____ City _____

State, Zip _____ Phone (_____) _____

Email _____ (We need your email for delivery of *HOOF PRINT*. Address stays within NATRC. Thanks!)

New member? Please share how you found out about NATRC: _____

***** Mail completed form and check to : NATRC, PO Box 969, Beatrice, NE 68310 *****

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